

COMMUNITY MITIGATION RESOURCES

Important Note: If you open a CDC webpage that has no information, please try printing the page.

National situation update (updated 4/30/09, 10:30 AM ET) <http://www.cdc.gov/swineflu/index.htm>

Basic fact sheet (in several languages, updated 4/30/09, 8:30 AM PT) <http://www.doh.wa.gov/swineflu/>

Instructions for the general community
respiratory hygiene (several languages, revised 10/06))
<http://www.doh.wa.gov/phepr/handbook/prevent.htm>

cover your cough (also Spanish, updated 4/30/09, 8:30 AM PT)
<http://www.doh.wa.gov/swineflu/default.htm#materials>

handwashing (in several languages, updated 4/28/09)
<http://www.kingcounty.gov/healthservices/health/communicable/stopgerms/posters.aspx>

recommendations for masks (updated 4/27/09, 11:00 AM ET)
<http://www.cdc.gov/swineflu/masks.htm>

Isolation and quarantine of swine flu cases (general information plus info on I & Q, updated 4/28/09, 2:45 PM ET)
<http://www.cdc.gov/swineflu/mitigation.htm>

Home care
general (Red Cross document, updated 2006)
http://www.doh.wa.gov/panflu/pdf/panflu_home_care.pdf

general, available in many languages (updated 1/07)
http://www.healthinfotranslations.com/home_care_for_pandemic_flu_767611.php

instructions for a case/caregiver (updated 4/25/09, 18:30 PM ET)
http://www.cdc.gov/swineflu/guidance_homecare.htm

Schools

general information for parents (updated 4/29/09, 9:00 AM PT)
<http://www.k12.wa.us/HealthServices/swineflu.aspx>

General flu prevention (updated 10/6/06)
http://www.cdc.gov/flu/protect/habits.htm?s_cid=swineFlu_outbreak_003

Sample informational letter to parents
<http://www.k12.wa.us/HealthServices/pubdocs/NotificationSwineFluGT.doc>

Sample closure letter to parents
<http://www.k12.wa.us/HealthServices/pubdocs/SchoolClosureDuetoPandemicFluGT.doc>

cleaning (no date listed)
<http://www.pandemicflu.gov/plan/individual/panfacts.html>

similar information on cleaning, longer document, includes references (no date listed)
<http://www.pandemicflu.gov/plan/healthcare/influenzaguidance.html>

advice on school closures (expected 4/30/09)

Childcare/DayCare Settings

General (updated 4/29/09, 9:45 AM) <http://www.cdc.gov/swineflu/childcare.htm>

Health care system (for health care providers, including EMS)

prevention measures (mask, updated 10/06)

<http://pandemicflu.gov/plan/healthcare/maskguidancehc.html>

respiratory hygiene in healthcare settings (updated 12/17/03)

<http://www.cdc.gov/flu/professionals/infectioncontrol/resphygiene.htm>

infection control recommendations (updated 5/21/04)

<http://www.cdc.gov/flu/avian/professional/pdf/infectcontrol.pdf>

laboratory workers (updated 4/24/09) http://www.cdc.gov/swineflu/guidelines_labworkers.htm

EMS recommendations (updated 4/29/09 9:15 PM ET)

http://www.cdc.gov/swineflu/guidance_ems.htm

Travel advisories

CDC (updated 4/27/09) <http://wwwn.cdc.gov/travel/contentSwineFluMexico.aspx>

Antiviral use

general (4/29/09, 4:45 AM ET) http://www.cdc.gov/swineflu/antiviral_swine.htm

case definitions and patient treatment (updated 4/29/09, 2:45 PM ET)

<http://www.cdc.gov/swineflu/recommendations.htm>

pre/post-exposure prophylaxis recommendations (updated 4/29/09, 2:45 PM ET)

<http://www.cdc.gov/swineflu/recommendations.htm>

pregnant women updated 4/28/09) http://www.cdc.gov/swineflu/clinician_pregnant.htm

children updated 4/28/09) <http://www.cdc.gov/swineflu/HAN/042809.htm>

HIV infected patients (updated 4/30/09 12:45 PM ET)

http://www.cdc.gov/swineflu/guidance_HIV.htm

using antivirals in institutional settings to prevent spread (updated 12/19/08)

<http://www.cdc.gov/flu/professionals/infectioncontrol/institutions.htm>

Case definitions (updated 4/30/08, 10:00 AM ET) http://www.cdc.gov/swineflu/casedef_swineflu.htm

Infection control in institutions

Childcare settings (updated 10/29/08)

<http://www.cdc.gov/flu/professionals/infectioncontrol/childcaresettings.htm>

(updated 10/29/09)

<http://www.cdc.gov/swineflu/childcare.htm>

Long-term care facilities (updated 12/19/08)

<http://www.cdc.gov/flu/professionals/infectioncontrol/longtermcare.htm>

prisons (expected 4/30/09)