

Local Mental Health Providers (Child/Adolescent) & Resources

X Call 211		211
GENERAL INFO		Provides local resource connections throughout the county
X CRISIS	FREE	<ul style="list-style-type: none"> The Care Crisis Line in Snohomish County 425-258-4357 The Care Crisis CHAT website imhurting.org Care Crisis Text line TEXT "LISTEN" TO 741741 Safe Place Crisis Text line: TEXT "SAFE and your location" to 69866 they will text you back with the nearest teen shelter location and option to talk to continue texting with a mental health professional Cocoon House Get Help 24/7: Call or text 425-877-5171 email: safeplace@cocoonhouse.org Providence Sexual Assault Crisis Line: 425-252-4800 Child Protective Services (CPS): 866-829-2153 Teen Link: confidential teen-answered help line 6-10 PM 866.833.6546 866teenlink.org
X Parent Support	FREE	<p>Parent Support/resources:</p> <ul style="list-style-type: none"> Cocoon House Project Safe: 425.317.9898 http://www.cocoonhouse.org/helpforparents Snohomish County At Risk Youth (click parent/caregiver support tab) snocoatriskyouth.weebly.com 425-388-7800 www.parenthelp123.org 800-322-2588 Familias Unidas: 425-513-2880 familiasunidaseverett.com Internet Essentials-free/low-cost internet from Xfinity 855-846-8376 internetessentials.com
X Drug and Alcohol	FREE	<p>Find help:</p> <ul style="list-style-type: none"> Washington Recovery Help Line 866-789-1511 www.warecoveryhelpline.org Confidential Teen answered help line 6-10pm 866-833-6546; 866teenlink.org Snohomish County Recovery Info: snohomishcountywa.gov/462/Alcohol-Other-Drugs-Treatment Help for concerned family/friends: Alanon/Alateen http://dist23.org/meeting-directorywebsites.html Mr. Pitkin, Lake Stevens School District Intervention Specialist 425-335-1571
X Housing	FREE	<ul style="list-style-type: none"> Call 211- for immediate access to local housing resources Cocoon House, housing for homeless teens, advocacy, parenting classes, support groups 425-259-5802 www.cocoonhouse.org Friends of Youth, housing for youth 206-236-5437 friendsofyouth.org Safe Place- Safe housing for kids in crisis (age 12-17) 800-422-8336 nationalsafeplace.org
X LGBTQI+	FREE	<ul style="list-style-type: none"> GLOBE (groups, advice, resources, connections for youth identifying with LGBTQI+ community)- group: Wednesdays 6-8pm. Call for more info 425-263-2908 www.globeyouth.com PFLAG (groups, advice, resources, connections for parents/friends of youth identifying with LGBTQI+ community). Group 7-9pm 3rd Monday of the month in Everett. See website for more info: www.everett-snohomishpflag.org There are counselors that specialize in supporting families and kids who identify with LGBTQI+ community. Some are listed here. GLOBE/PFLAG/GLSEN may be able to provide additional resources.

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X Medicaid	Medicaid (aka Apple Health) -If you want to get counseling and support services and have insurance through Medicaid/Apple Health.	Must call ACCESS 425-212-3900 They will: -Verify benefits -Screen for immediate crisis -Take information regarding current problem -Offer choices for local community mental health agencies -Connect caller to that agency to schedule an appointment -Community Mental Health Agency must provide intake appointment within 12 business days of the request -They must provide intake within 3 days if there are safety/risk factors that indicate an expedited assessment appointment
<p>Compass Health Provide a full continuum of outpatient care for kids includes counseling, med management. Accepts Apple Health/Medicaid and sliding scale. Everett, Monroe, Smokey Point, Lynnwood 425-212-3900 www.compasshealth.org</p> <p>SeaMar Behavioral Health Provides outpatient services, counseling, med management in Everett, Lynnwood and Monroe. Accepts Apple Health/Medicaid www.seamar.org</p> <p>Catholic Community Services 425-257-1621 Counseling , case management, med management for all kids in Everett Accepts Apple Health/Medicaid www.ccsww.org</p> <p>Affordable Counseling 425-778-5544-Counseling for those with no insurance www.myaffordablecounseling.com</p>		
X Medicaid Transportation	Medicaid TRANSPORTATION	Medicaid TRANSPORTATION Hopelink Reservation Number: 855-766-7433 www.myrideonline.org
X Get Medicaid	Medicaid application	www.wahealthplanfinder.org (on phone application 800-562-3022) DHS local: 877-501-2233
X Military Resources	TRICARE (Military)	Fleet and Family Services 425-304-3367 Military One Source- 800-342-9647 Call and they will direct you to a provider in the area that best fits your needs. www.militaryonesource.mil
X Navy Resources	FREE: Fleet and Family Support Center	Kaitlyn Smetana (425) 304-3688 fax425-304-3689 navylifepnw.com
X Snohomish County Resource	FREE: Mental Health Liaison	Snohomish County Human Services Mental Health Liason (If you get stuck in the process/need resources &connections) 425-388-7234; lizapatchen-short@snoco.org
X Tulalip Tribe Resources	Tulalip Tribes	Tulalip Tribes Behavioral and Mental Wellness: 360-716-4224 www.tulaliptribes-nsn.gov
X Crime Victim	Crime Victim Compensation Application	800-547-8367 www.lni.wa.gov/ClaimsIns/CrimeVictims Must have police report/case number Application available online:
X Everett Crime Victim Support	FREE: Victim Support Services Crime Victim	425-953-6222 Crisis Line 800-346-7555 One on One Advocacy, One on One Therapy, Media Intervention, Resources/Referrals
X Everett/In Home Domestic Violence	FREE: Children's Domestic Violence Support Program	425-258-2766 x119 FREE 10 week in home program ages 3-18; living in a safe place; affected by domestic violence
	FREE: Domestic Violence Support	Snohomish County Center for Battered Women 24 hour support line: 425-252-2873 Children's Advocate: Carol Schletler Legal Advocate Laura Stocker: 425-259-2873 x1033

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X Everett Child Physical and/or Sexual Assault Services	FREE: Child Advocacy Center- Dawson Place Sexual/Physical Assault Victim	Dawson Place Child Advocacy Center: 425-789-3000 Child Advocacy Program (Free Counseling Services for Sexual Abuse Victims)- 425-349-7964 Providence Intervention Center (Groups, Advocacy, Medical): 425-297- 5774; 24/7 Crisis Line 425-252-4800
X Everett	FREE: Grief/Loss Support Services	Hospice Providence 425-261-4807 Brief 1:1 Counseling for adults and kids/teens Pizza Saturday Groups called Standing Together-kids/teens/parents Camp Erin- Summer camp with traditional camp activities and grief/loss support services
X Medical Resources	FREE: Medical Resources	Free Medical/Dental Clinics freeclinicdirectory.org and/or call 211 Planned Parenthood Reproductive health care Everett 425-339-5220; www.plannedparenthood.org Children's Hospital 206-987-2000 inpatient psychiatric support and eating disorder clinic Farifax Hospital 425-284-1706 Inpatient psychiatric hospital for kids www.fairfaxbehavioralhealth.com
Groups/Agencies		
Edmonds	Sliding Scale (pay what you can afford)	Affordable Counseling 425-778-5544 www.myaffordablecounseling.com
Lynwood office	Insurance- paneled with many Including Group Health	Alderwood Counseling Associates www.alderwoodcounseling.com (425) 640-7919
Everett office **prescribers onsite	Insurance- paneled with many, contact provider	Bay Psychiatric Center Nina Merendino www.baypsychiatric.net 1728 W Marine View Dr Ste 109 Everett, WA 98201 425-252-9216
Edmonds Includes **prescriber onsite	Insurance- paneled with many, including Group Health, contact provider	Bluestone Psychological Services Many MA and Phd level providers, and medication management Psychiatrist on site. Saturday appointments available. 425-775-4059 www.bluestoneps.com
Lake Stevens, Everett, Mill Creek Includes **prescribers onsite	Insurance- paneled with many, takes some Medicaid funded; Most recently told that Behavioral Health is Taking Everett Clinic Patients Only	Everett Clinic Behavioral Health <ul style="list-style-type: none"> • Founders Building 425-339-5453 • Lake Stevens Clinic 425-339-5453 • Marina Village 425-339-5453 • Marysville Clinic 425-339-5453 • (has ADD/HD and Autism Specialist) For more information, please call 360-651-7492 for Marysville and 425-493-6002 for Harbour Pointe. • Mill Creek Clinic 425-339-5453. • Smokey Point 360-454-1953 • Stanwood Clinic 425-339-5453. • Transgender/LGBQ care Nurse Practitioner: Daniel Berjac <ul style="list-style-type: none"> ○ 425-339-5420
Marysville Office	Insurance- paneled with many, contact provider	Fountain Gate Group of many practitioners www.fountaingate.net 360-653-0374
Everett office Includes **prescribers onsite	GROUP HEALTH	Group Health Care During Regular Business Hours To begin or continue behavioral health care, or for urgent or crisis care during regular business hours (8 a.m.-5 p.m.): 1-888-287-2680 or 206-901-6300

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Bothell **prescribers	Insurance-paneled with many, contact provider	Puget Sound Psychiatric Center 10634 E Riverside Dr Suite 130 Bothell, Washington 98011 www.pspc.org Tonya Peck, Psychiatrist, PA-C (425) 312-6730 Dr. Mustafa, Psychiatrist, MD (425) 292-5102
Mill Creek **prescribers onsite	Insurance- paneled with many including Tricare and Group Health	Shifa Health, Edward Ebert, ARNP , Psychiatric Nurse Practitioner See website for other providers in group- www.shifahealth.org/about-us 805 164th St SE Suite # 101 Mill Creek, Washington 98012 (425) 742-4600
Everett office	Insurance- paneled with many, contact provider	Snohomish Psychology Associates 425-789-1073 Group of providers that specialize in different/multiple areas (autism, behavior challenges, ADHD, Anxiety, family challenges). Call or see website for more info: www.snohomishpsychology.com
Everett office **prescribers onsite	Insurance- paneled with many, contact provider	Western Washington Medical Group-Psychology, Dr. Stephanie Hart see website for other providers in group www.wwmedgroup.com 3525 Colby Ave Suite 200 Everett, Washington 98201 (425) 368-5701
Private Practice Counselors		
Everett office	Insurance- paneled with many, contact provider	Barb Huffman, MSW 2722 Colby Ave Ste 706 Everett WA 98201 425-252-1049 Sue Beckley, MSW (same office/contact)
Monroe/ Everett	Contact provider	Brenda Newell LICSW Rainbow Counseling and Equine Connections www.brendanewell.com 425-280-6508 LGBTQ Specialty Equine Specialty
Lake Stevens office	Insurance- paneled with many Including Medicaid, contact provider	Charline Arends, LMFT, CMHS Selah House Counseling Child, Adult, Marriage & Family Therapy 425-923-9053 selahhousecounseling@comcast.net
Lynwood office	Insurance- contact provider, sliding scale available	Christa Frame 425-248-0905 www.christaframe.com
Lake Stevens Office	Insurance- paneled with many, contact provider	Cindy Ferraro LMHC , 425-345-7683 cindyferraro@hotmail.com
Mukilteo	Insurance- paneled with many, contact provider	Cynthia Jolly www.cynthiajolly.com (866) 666-0423 Great w/ youth, self-harm/anger/depression (GROUPS too)
Snohomish office	Insurance- paneled with many, contact provider	David Phillips and Judy Volmert 360-862-1252 Ave A & 10th St Snohomish
Everett office	Insurance- paneled with many, contact provider	Jane Turnbull http://www.janeturnbulltherapy.com/index.html 206-445-8784
Lake Stevens Office	Doesn't bill insurance. 60.00 session	Jessie Kolle, MA, LMHC 7304 10th St SE #B201 Lake Stevens (425) 954-3450 www.jessiekolle.com
Everett office Mukilteo office	Insurance- paneled with many, contact provider	Joanne Norman MA LMHC 425-750-4937
Lake Stevens office Everett office	Insurance- paneled with many Including Molina (a form of Medicaid), contact provider	Kristin Roessler MA LMHC 425-870-0895 Fx 425-377-1764 Email kristin.roessler@frontier.com Website discoverhealing.net Lori Hartelius MS LMHC (same office) 425-870-0895 Fx 425-377-1764
Everett Office	Insurance- paneled with many	Linda Albert 425-257-9388 LGBTQ+ issues are a stated specialty

9/28/17

Lake Stevens School District does not endorse any of these providers
List compiled by Jennifer Hudson Mental Health Support Specialist 425-335-1630 x 3735

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Everett office	Insurance- paneled with many	Lisa Glendenning and Betsy Schildt 2722 Colby Ave Suite 725 Everett, WA 98201 (425) 252-6172 (Office)
Lake Stevens Office	Insurance- paneled with many, contact provider	Liz Elliott LMFT; 425-322-9515; www.elliottcounseling.com
Everett office	Crime Victims Compensation Provide statement for reimbursement Low rates	Michelle Langstraat MA LMHCA Compassion Everett Counseling Center 2715 Everett Ave Everett, Washington 98201 (425) 409-6021
Everett Office	Insurance- paneled with many, contact provider	Rochelle Cowan-Long, MA, LMHC Long Counseling and Evaluation Services 2722 Colby Avenue Suite 635 Everett, WA 98201 425-374-8273 www.longcounseling.com
Everett Office	Insurance- paneled with many; contact provider	Sage Willis PhD LBGTQ+ teens; Transgendered community; Everett 1721 Hewitt Ave Suite 416 Everett, Washington 98203 (425) 678-3612
Everett Office	Insurance- paneled with many, contact provider	Steven Taylor PhD 1604 Hewitt Ave Everett, WA 98201 (425) 252-9744 (Office) (206) 783-5340 (Fax)
Edmonds office	Insurance- paneled with many, contact provider	Susan Ruby, MA LMHC 206-915-9876 www.susanruby.com
Prescribers...		(*some prescribers are part of a group/agency listed above)
Everett ** prescriber	Insurance, Medicaid, Medicare, contact provider	Dr. Alanquib 425-740-6388, 2722 Colby St 507, Everett WA 98205 www.alanquibchildpsychiatry.com
Edmonds ** prescriber	Insurance- paneled with many, contact provider	Dr. Greg Johnson 425- 582-8275
Bellevue **prescriber	Insurance- paneled with many, contact provider	Dr. Hower Kwan 425-454-2911
Bellevue Office ** prescriber	Insurance- paneled with many, contact provider	Dr. Irving Kohlberg 425-688-0544
Woodinville **prescriber	Insurance- paneled with many, contact provider	Dr. Robert Devney 425-481-0429
Mercer Island **prescriber	Insurance- paneled with many, contact provider	Dr. Theodore Mandelkorn 206-275-0702 psbmed.com
Everett **prescriber	Insurance- paneled with many (Everett Clinic)	Dr. Zolst Lorant 425-339-5453
Lynwood Office ** prescriber	Insurance-paneled with many, contact provider	JoAnne Solchany PhD ARNP 206-679-4471
Autism Spectrum Disorder		
X Autism Spectrum Disorder Evaluation Clinics	Insurance- paneled with many, contact provider	<ul style="list-style-type: none"> • Crystal or Patrick Gray; 206-883-6175 cgrayconsulting@hotmail.com (evaluation, ongoing counseling, social skill groups) • Everegreen Neurodevelopmental Center www.endc.org Nicole Bain, PhD Licensed Psychologist; 425-753-5001, NicoleBainPhD@live.com • Lakeside Center for Autism, 1871 Gilman Blvd, Issaquah 98027; 425-657-0620 lakesideautism.com • University of Washington Autism Center; 1701 Columbia Road, Seattle 98195; 206-221-6806 • Providence Hospital Everett, Seattle Children's Everett Clinic, 425-304-6080 • Seattle Children's Hospital Center, 206-987-8080

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Attachment		
Kirkland office	Contact provider	Attachment Center Northwest 808 6th St. South Kirkland, WA 98033 ph: (800) 550-2105 fax: (425) 636-8129 www.attachmentandtraumaspecialists.com
Inpatient Mental Health		
Snohomish County	Contact provider	Start with: Your child's PCP, therapist, or the Emergency Room @ Childrens Hospital and/or Providence Hospital
<p>Fairfax Hospital: Behavioral health inpatient and partial hospitalization services for all ages. Offering medical detoxification for adults and dual diagnosis treatment for adults and adolescents. A therapeutic day school program is available for grades K-12. Free and confidential assessments 24 hours a day. Referral assistance and admissions are also available 24/7. (425) 821-2000/(800) 435-7221, www.fairfaxhospital.com. 10200 N.E. 132nd St, Kirkland, WA 98034</p> <p>Children's Hospital: have the Psychiatry and Behavioral Medicine Unit (PBMU) with 41 beds. Our focus in the PBMU is to help your child during a mental health crisis and ensure their immediate safety. We work to resolve the crisis and to teach your child and family skills that can help after your child leaves the hospital. Most stays in the PBMU are seven to eight days. We will work closely with your child's community providers to support the return home. http://www.seattlechildrens.org/clinics-programs/psychiatry-and-behavioral-medicine/ 206-987-2055</p> <p>Opening Fall 2017: https://smokeypointbehavioralhospital.com/ Smokey Point Behavioral Hospital will be a 115-bed psychiatric hospital serving children, adolescents, adults & senior adults.</p>		

[Links to various community resources and helpful websites can be found on the Lake Stevens School District website, Click Parents/Students tab, then click Student Assistance Program tab.](#)

<http://www.lkstevens.wednet.edu/Domain/1307>