

Resources & Local Mental Health Providers

Links to various community resources and helpful websites		
More can be found on Lake Stevens School District Website. https://www.lkstevens.wednet.edu/Page/5412		
GENERAL INFO	CALL 211 Provides local resource connections throughout the county (financial, food, medical, dental, etc.)	
<p>CRISIS HELP</p> <p>If you are in crisis and/or are having suicidal thoughts please know that verbalizing those thoughts is a good thing. Sometimes the weight of keeping those feelings secret is unbearable and makes things worse. Here are tips related to starting a conversation specific to suicidal thoughts. It may be uncomfortable but it also is necessary.</p> <p>If someone shares that they are suicidal please take it seriously and reach out to an adult for help.</p> <p>If your child is struggling, make an appointment with their primary care doctor. If safety is in question, call the crisis line and/or go to the local emergency room.</p>	<p>Care Crisis Line (Call) 425-258-4357 or 1-800-584-3578 May also be able to consult, dispatch mobile outreach unit, follow-up, find out if inpatient beds are available.</p> <p>The Care Crisis CHAT online website imhurting.org</p> <p>Care Crisis Text Line TEXT "LISTEN" TO 741741</p>	
	Other Supports	
	Cocoon House	Call or text 425-877-5171 email: safeplace@cocoonhouse.org
	Child Protective Services (CPS)	866-829-2153
	Crisis Connections WA Warm Line:	Calls are answered by specially-trained peer volunteers who have lived experience with mental health challenges. 12:30pm - 9:00pm
	National Suicide Prevention Lifeline en Español	888-628-9454
	Providence Sexual Assault Crisis Line:	425-252-4800 (24-Hour Hotline)
	Suicide Hotline for Deaf or Hard of Hearing	For TTY Users: Use your preferred relay service or dial 711 then 1-800-273-8255
	Teen Link	866-833-6546 6-10 pm (phone) and chat or text from 6-9:30 pm every night. Substance use specialist from 2-10 pm Mon-Fri. (Call the same number and press 2).
	Trevor Project Lifeline:	24-hour hotline focusing on supports for LGBTQ young people in crisis. Contact by phone at 888-488-7386, chat and text services also available
	Trans Lifeline	877-565-8860 Trans Lifeline's Hotline is a peer support phone service.
	Washington Indian Behavioral Health HUB	866-491-1683
	<p>Immediate danger?</p> <p>Please do not send an email to a school person when in crisis. We try not to check emails, texts, or calls after our work hours so that we can take care of our mental wellness too. We care about your safety. Please talk to an adult you trust, call the crisis line, or call 911.</p> <p>Warning Signs for Suicide Coping Apps</p> <p>You Don't Have To Be In Crisis To Text Crisis Text Line – (article about calling/texting a crisis line)</p> <p>Taking a Child to the Emergency Room – article about what it might be like to go to the ER</p> <p>Tools to (help) Manage Your Child's Mental Health – article about ways to be supportive/help with coping</p> <p>How to help someone you love with suicidal thoughts- SAMHSA article with suggestions</p> <p>A Journey Toward Hope: A handbook for recovery after a suicide attempt</p>	

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<p>Substance Use Disorder</p> <p>Supports</p>	<ul style="list-style-type: none"> • Mr. Pitkin Lake Stevens School District Intervention Specialist: 425-335-1571 https://www.lkstevens.wednet.edu/Page/3885 • SAMSHA: 877-726-4727 https://findtreatment.samhsa.gov/ • Washington Recovery Help Line 866-789-1511 www.warecoveryhelpline.org • Confidential Teen answered help line 6-10pm 866-833-6546; 866teenlink.org • Snohomish County Recovery Info: snohomishcountywa.gov/462/Alcohol-Other-Drugs-Treatment • Alanon/Alateen: Help for concerned family/friends http://www.dist23.org/index.html <p>Local Providers:</p> <p>Substance Use Disorder Agencies Snohomish County: (call to inquire about walk-in intake days/times and/or to schedule)</p> <ul style="list-style-type: none"> ○ Catholic Community Service Recovery Center <ul style="list-style-type: none"> ▪ Everett 425-258-5270 ▪ Marysville 425-651-2366 ○ Seamar <ul style="list-style-type: none"> ▪ Monroe 360-805-3122 ▪ Everett 425-609-5505 ○ Center for Human Services <ul style="list-style-type: none"> ▪ Shoreline 206-362-7282 ○ Therapeutic Health Services (THS) <ul style="list-style-type: none"> ▪ Everett 425-263-3006
<p>Parent Support</p>	<p>Parent Support/resources:</p> <ul style="list-style-type: none"> • Cocoon House Project Safe: 425.317.9898 http://www.cocoonhouse.org/helpforparents • NAMI (National Alliance on Mental Illness): https://namisnohomishcounty.org/ • Snohomish County At Risk Youth (click parent/caregiver support tab) snocoatriskyouth.weebly.com 425-388-7800 • Parent Help 123: www.parenthelp123.org 800-322-2588 • Familias Unidas: 425-513-2880 • Anger Management: Court ordered and also general public (for adults; call to inquire about 13+ with parent participation) Cost 150\$ for 6 weeks https://www.compasshealth.org/events/anger-management/ • Special Needs Parent Support: https://www.arcsno.org/programs/parent-to-parent
<p>Family Support</p>	<p>Lake Stevens School District: Family Engagement Support Specialist</p> <p>https://www.lkstevens.wednet.edu/Domain/1586</p>
<p>Foster Care / Adoption Support / Kinship Care</p>	<ul style="list-style-type: none"> • Coordinated Care Apple Health Connections 844-354-9876 • Kinship Caregiver Support: 425-513-1900 https://www.homage.org/social-services/caregiver-programs/ • Hand in Hand: https://handinhandkids.org/
<p>Grief/Loss Support Services</p>	<p>Hospice Providence Children's Bereavement</p> <p>425-261-4844 Main number: 425-261-4807</p> <p>Brief 1:1 Counseling for adults and kids/ teens. Support Groups. Summer Program Camp Erin.</p>
<p>Housing/Financial/ Food</p>	<ul style="list-style-type: none"> • Call 211- for immediate access to local housing resources https://snohomishcountywa.gov/2238/Investing-In-Futures • Clothes for Kids: Clothes for Kids 425-741-6500 https://clothesforkids.org/ • Cocoon House, housing for homeless teens, advocacy, parenting classes, support groups 425-259-5802 www.cocoonhouse.org • DSHS Economic Services: https://www.dshs.wa.gov/esa/community-services-offices/how-apply-services • Energy Assistance: 425-388-3411 https://snohomishcountywa.gov/552/Energy-Assistance • Friends of Youth, housing for youth 425-869-6490 https://www.everethelplink.org/friends-of-youth-everett

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Inpatient Mental Health Care	<p>For emergency mental health evaluations to determine need for inpatient care:</p> <ul style="list-style-type: none"> ○ Go to your Local Emergency Room ○ Seattle Children’s Hospital Emergency Department 206-987-2055 Psychiatric & Behavioral Medicine Unit (PBMU) ○ Smokey Point Behavioral Hospital intake line 844-202-5555 (Smokey Point) FREE 24/7
LGBTQI+	<ul style="list-style-type: none"> • GLOBE (groups, advice, resources, connections for youth identifying with LGBTQI+ community)-group: Wednesdays 6-8pm. Call for more info 425-263-2908 www.globeyouth.com • PFLAG (groups, advice, resources, connections for parents/friends of youth identifying with LGBTQI+ community). https://www.pflageverett.org/ • Gender Spectrum Resources: https://www.genderspectrum.org/ • Trevor Project: https://www.thetrevorproject.org/get-help-now/ • Human Rights Campaign: https://www.hrc.org/resources/transgender • There are counselors that specialize in supporting families and kids who identify with LGBTQI+ community. Some are listed here. GLOBE/PFLAG may be able to provide additional resources.
Medicaid (Apple Health)	<p>Insurance application. Apply for Insurance / Benefits: www.wahealthplanfinder.org (on phone application 800-562-3022) DSHS local: 877-501-2233</p>
Medicaid Transportation	<p>Medicaid TRANSPORTATION (If you have Apple Health coverage) Hopelink Reservation Number: 855-766-7433 www.myrideonline.org</p>
Medical Resources	<ul style="list-style-type: none"> • Free Medical/Dental Clinics freeclinicdirectory.org • call 211 • Planned Parenthood Reproductive health care Everett 800-230-7526; www.plannedparenthood.org
Mental Health Liaison	<p>Snohomish County Human Services Mental Health Liaison https://snohomishcountywa.gov/2886/Childrens-Mental-Health (If you get stuck in the process/need resources &connections) 425-388-7254</p>
Military Resources	<ul style="list-style-type: none"> • Military One Source- 800-342-9647 Call and they will direct you to a provider in the area that best fits your needs. www.militaryonesource.mil • Network of Care-http://snohomish.wa.networkofcare.org/Veterans/index.aspx
Navy Resources	<ul style="list-style-type: none"> • Fleet and Family Support Center Fleet & Family Support Center - Smokey Point (navylifepnw.com)
Tulalip Tribe Resources	<p>Tulalip Tribes Behavioral and Mental Wellness: 360-716-4224 https://www.tulaliphealthsystem.com/BehavioralHealth/CYFMentalWellness</p>
Victim of Crime Compensation (CVC) Application	<p>CVC 800-547-8367 https://lni.wa.gov/claims/crime-victim-claims/apply-for-crime-victim-benefits/ Application available online</p>

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Victim Support	Victim Support Services (VSS): One on One Advocacy, One on One Therapy, Media Intervention, Resources/Referrals Contact: 425-252-6081 24/7 Crisis Line 888-288-9221 https://victimssupportservices.org/
Violence (Domestic Violence Support)	<ul style="list-style-type: none"> • Domestic Violence Services Snohomish County 425-252-2873 https://dvs-snoco.org/who-we-are-services/ Legal Advocate: 425-259-2827 (during business hours) • Protection Orders (Snohomish County Clerk's Office) 425-388-3638 • Legacy of Healing (Tulalip Tribes): Advocacy, Support, Transitional Housing Support, Counseling, Safe House: 360-7164100
Violence Child Physical and/or Sexual Assault	<ul style="list-style-type: none"> • Dawson Place Child Advocacy Center: 425-789-3000 http://www.dawsonplace.org/ • Child Advocacy Program (Free Counseling Services for Sexual Abuse Victims age 0-22)- 425-349-7964 https://www.compasshealth.org/services/child-advocacy-program/ • Providence Intervention Center (Groups, Advocacy, Medical): 425-297-5774; 24/7 Crisis Line 425-252-4800 • Tulalip Tribes Legacy of Healing: https://www.tulaliptribes-nsn.gov/Dept/LegacyOfHealing
Apple Health / Medicaid (finding Mental Health Counseling / also referred to as Behavioral Health Counseling)	
<p>What kind of insurance do I have? **Don't have your card? Don't know if you have Apple Health? Don't know which MCO? You can look it up. (Need social security number, date of birth, zip code) https://www.waproviderone.org/client</p>	
How do I get a counselor if I have Medicaid (can also be referred to as Apple Health)?	
<p>Types of Apple Health Insurance Plans are referred to as Managed Care Organizations (MCO). Check your coverage and call the customer service department for information about providers that are in-network.</p> <ul style="list-style-type: none"> • Amerigroup 800-600-4441 • Community Health Plan 800-440-1561 • Coordinated Care (foster/out of home placement) 877-644-4613 • Molina Healthcare 800-869-7165 • United Health Care 877-542-8997 <ul style="list-style-type: none"> • It is usually a good idea to start with your Primary Care Physician to talk about symptoms and seeing a counselor. • Call the number on the insurance card to connect with the Managed Care Organization (MCO) to inquire about in-network providers. • You may have the option to be seen in the "Behavioral Health Department" if you have a Primary Care Physician (PCP) within a larger organization like Providence or The Everett Clinic. (Ask your PCP and/or your MCO.) <p>Community Mental Health Centers accept Apple Health (all MCO's) insurance plans. Each agency has walk-in "Intake" appointments. Call agency to inquire. SEE "Community Mental Health Centers" in the next section.</p>	
<p>Mental Health Providers (Agencies / Groups)</p> <ul style="list-style-type: none"> • Start with your Primary Care Physician / ask for referrals • It may be helpful to first call your insurance plan for information about providers that are 'in network' • ** Prescriber onsite <ul style="list-style-type: none"> ○ Note: In Washington State medication management (aka prescriber) can be provided by Medical Doctor (MD), Doctor of Osteopathic medicine (DO), Advanced Registered Nurse Practitioner (ARNP), Physician Assistant (PA) 	
Edmonds	Affordable Counseling 425-778-5544 www.myaffordablecounseling.com Sliding Scale (pay what you can afford).
Lynwood	Alderwood Counseling Associates (425) 640-7919 Insurance- paneled with many Including Group Health (Kaiser Permanente). www.alderwoodcounseling.com
Everett **Prescriber onsite	Bay Psychiatric Center 425-252-9216 Insurance- paneled with many, contact provider. https://www.baypsychiatric.net/

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Edmonds **Prescriber onsite	Bluestone Psychological Services 425-775-4059 Some Saturday appointments available. Insurance- paneled with many, including Group Health, contact provider. www.bluestoneps.com
Everett & Lynwood	Cedar Valley Counseling 425-338-7589 multiple specialties, see website/call Insurance- multiple including Aetna/Apple Health, contact provider. www.cedarvalleycounseling.com
Everett, Monroe, Smokey Point **Prescriber onsite	Community Mental Health Centers: more info under “Medicaid (Apple Health)” section Each agency has walk-in “Intake” appointments. Call agency to inquire. <ul style="list-style-type: none">• Compass Health (offices in Everett, Monroe, Smokey Point): 425-349-8200 (call to inquire) https://www.compasshealth.org/our-services/• Seamar: (offices in Everett: 425-312-0277 Monroe: 425-512-2044) (Walk-in T/Th 0830 subject to change, call to inquire) https://www.seamar.org/services-snohomish.html• Catholic Community Services: 425-257-1621 (M, T, W, Th appointments, call to schedule) https://ccsww.org/get-help/snohomish-island-counties/
Lake Stevens, Everett, Mill Creek **Prescriber onsite	Everett Clinic Behavioral Health 425-339-5453 Everett, Lake Stevens, Marysville, Mill Creek, Smokey Point, Stanwood locations. Note: <ul style="list-style-type: none">• Behavioral Health Department only sees established Everett Clinic patients.• If you are an established patient, ask your Primary Care Physician (PCP) for a Behavioral Health Referral• If you are looking to establish care at the Everett Clinic, call 425-339-4204 and inquire. https://www.everettclinic.com/resources/appointments-and-referrals/become-everett-clinic-patient• Insurance- paneled with many, takes some Apple Health/Medicaid; List: https://www.everettclinic.com/resources/billing-insurance/insurance-plans• ADD/HD and Autism Specialist: https://www.everettclinic.com/departments/pediatrics/adhd-behavior-clinic<ul style="list-style-type: none">○ For more information call<ul style="list-style-type: none">▪ Marysville Clinic 360-651-7492▪ Harbour Point Clinic 425-493-6002• LGBTQ Transgender Medical Care https://everettclinic.com/physicians/daniel-berjac• Groups offered
Marysville	Fountain Gate 360-653-0374 Group of many practitioners Insurance- paneled with many, contact provider. www.fountaingate.net
Everett **prescriber onsite	Kaiser Permanente Behavioral Health Services 1-888-287-2680 https://wa.kaiserpermanente.org/html/public/specialties/mental-health/mental-health-wellness
Everett, Marysville, Monroe, Snohomish	Providence Health & Services If your Primary Care Physician is within this system, ask for a behavioral health referral. If you are wanting to establish care with a Primary Care Provider (verify in-network with your insurance plan by calling number on back of card). Provide short term counseling and works in partnership with medical provider. Call <ul style="list-style-type: none">• Everett: 425-261-4940• Marysville: 360-658-6800• Monroe: 360-794-7994• Snohomish: 360-563-5900 You can also search for provider information (search for Family Medicine or Primary Care specialty) https://www.providence.org/doctors **Inquire about prescriber services. Insurance- paneled with many; Apple Health (limited) contact provider
Everett	Snohomish Psychology Associates 425-789-1073

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	Group of providers that specialize in different/multiple areas (autism, behavior challenges, ADHD, Anxiety, family challenges). Insurance- paneled with many, contact provider. www.snohomishpsychology.com
Everett **prescriber onsite	Western Washington Medical Group- Start with your Primary Care Physician for a referral to Psychology department. You do not have to be an established patient with WWMG to make a Psychology department appointment. Insurance- paneled with many, contact provider. Does not accept Apple Health at this time. Psychology: (425) 259-1366 Info about providers in group www.wwmedgroup.com
Mental Health Providers (Private Practice or Small Group Offices) Helpful database of local therapists: psychology today	
<ul style="list-style-type: none"> • Start with your Primary Care Physician / ask for referrals • It may be helpful to start by calling your insurance plan for information about providers that are 'in network' 	
Everett	Albert, Linda 425-257-9388 LGBTQ+ issues are a stated specialty Selah House Counseling Lake Stevens, WA
Lake Stevens	Arends, Charline , LMFT, CMHS 425-923-9053 Selah House Counseling Child, Adult, Marriage & Family Therapy. Insurance- paneled with many, including Apple Health, contact provider.
Arlington	Basher, Carrie ; also has adolescent groups 425-309-8149 Insurance- paneled with many, including Apple Health, contact provider. www.journeysofhopecounseling.com
Smokey Point	Beard, Lindsay LMHC, CMHS: 360-420-9488, Multiple Specialties, including ABA. Insurance- paneled with many, contact provider. www.lindsaybeardtherapy.com
Lake Stevens	Bohlin, Erik 425-334-8916 multiple specialties and approaches to counseling. (also provides faith based / Christian counseling as requested by client). Insurance- paneled with many, contact provider. www.erikbohlin.net
Lake Stevens	Bowers, Tatiana 425-320-4025 multiple specialties, see website/call. (also provides faith based / Christian counseling as requested by client). No insurance billed, provides statement. May inquire about sliding scale availability, contact provider. www.embracehopecounseling.com
Lake Stevens	Callahan, Rebekah 458-206-0870 ages 14+ many specialties, see website/call (also provides faith based counseling / Christian as requested by client). Insurance- contact provider. www.callahancounselingsvc.com
Lake Stevens	Castano, Taylor LMHCA : Specializes in working with LDS population / teens. Insurance- contact provider. Works with Koa, therapy dog. https://www.uhanecounseling.com 425-224-5025
Everett	Cowan-Long, Rochelle , MA, LMHC) 425-374-8273 Long Counseling (specialty includes co-parenting, family counseling, reunification). Insurance- paneled with many, contact provider. www.longcounseling.com
Mountlake Terrace	Elliott, Liz , LMFT; 425-322-9515 Insurance- paneled with many, contact provider. www.elliottcounseling.com
Everett	Falihee, Wendy 360-631-3742 Insurance- paneled with many, contact provider. www.astillmindcounseling.com
Lake Stevens	Ferraro, Cindy , LMHC, 425-345-7683 Insurance- paneled with many, contact provider.
Lynwood	Frame-Adams, Christa 425-248-0905 Insurance- contact provider, sliding scale. www.christaframe.com
Everett	Glendenning, Lisa LMHC and Schildt, Betsy LMFT (425) 252-6172 (same office) Insurance- paneled with many, contact provider.

1/31/22 Lake Stevens School District (LSSD) does not endorse any of these providers.

List compiled by LSSD Mental Health Support Specialist, Jennifer Hudson MA LMHC CMHS 425-335-1515

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Lake Stevens	Golden, Carl 206-939-9012 Soul Craft Counseling Insurance- paneled with many including Apple Health. http://www.treeoflifecounseling.life/
Monroe	Harpster, Christina LMFT 253-347-4860 Insurance- paneled with many, contact provider. https://www.chcounselingservices.org/
Lake Stevens	Hammack, John 425-870-5142 multiple specialties, see website/call. Insurance- contact provider. www.hammackcounseling.com
Everett	Huffman, Barb; Beckley, Sue , MSW 425-252-1049 (same office/contact). Insurance- paneled with many, contact provider.
Mukilteo	Jolly, Cynthia LMHC 866) 666-0423 Great w/ youth, self-harm/anger/depression (GROUPS too) Insurance- paneled with many, contact provider www.cynthiajolly.com
Lake Stevens	Kolle, Jessie , MA, LMHC (425) 954-3450 Doesn't bill insurance. 60.00 session. Contact provider www.jessiekolle.com
Everett	Langstraat, Michelle MA LMHC (425) 970-9131 (also provides faith based / Christian counseling as requested by client). Family therapy. Doesn't bill insurance. Contact provider. Cypress Counseling Center
Lake Stevens	Meyers, Elizabeth MSW LSCW: Discover Healing - 512 91st Ave NE Suite C, Lake Stevens 425-870-0895. Call provider to inquire about insurance billing. https://www.discoverhealing.net/?page_id=18
Everett	Myxter, Charolette Blue Sparrow Counseling Services 425-780-5915 Insurance- paneled with many, contact provider. www.bluesparrowcounseling.com
Monroe/ Everett	Newell, Brenda LICSW 425-280-6508 Rainbow Counseling and Equine Connections. LGBTQ Specialty. Equine Specialty. www.brendanewell.com
Everett Mukilteo	Norman, Joanne , MA LMHC 425-750-4937 Insurance- paneled with many, contact provider.
Everett	Pauley, Michelle , MSW 425-312-1857 Insurance- paneled with many, contact provider. https://www.psychologytoday.com/us/therapists/michelle-pauley-everett-wa/420930
Snohomish	Phillips, David LMHC (Snohomish Counselors) 425-953-4361 Insurance- contact provider. http://www.snohomishcounselors.com/
Marysville	Denise Redford LMCT, MHP: Trauma informed work with teens / adults. Many specialties (425) 264-8735 reflections.denise@gmail.com
Lake Stevens	Rokey, Brianne, EdS, NCSP, LMHCA Phone 425.256.3546 Embaldened Mental Health Fax 425.224.3473 brianne@embaldenedmentalhealth.com
Lake Stevens Everett	Roessler, Kristen MA LMHC 425-870-0895 Insurance- paneled with many, contact provider discoverhealing.net
Edmonds	Ruby, Susan , MA LMHC 206-915-9876 Insurance- paneled with many, contact provider. www.susanruby.com
Snohomish	Sproul, Kate MA LMHC 425-686-9977 Private pay; some sliding scale; contact provider. www.katesproulcounseling.com
Everett	Turnbill, Jane 206-445-8784 Insurance- paneled with many, contact provider. http://www.janeturnbulltherapy.com/index.html

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Snohomish	Volmert, Judy MSW, LCSW (Snohomish Counselors) 425-953-4360 Insurance- contact provider. http://www.snohomishcounselors.com/
Your home	Yafa Crane Luria 206-326-8446 ADHD specialist (comes to your home); classes. Insurance- not paneled, free 20 min consultation; out of pocket payment. https://blockedtobrilliant.com/
Psychiatrists: Evaluations, Medication Management (prescriber) <ul style="list-style-type: none"> Start with your Primary Care Physician / ask for referrals It may also be helpful to start by calling your insurance plan for information about providers that are 'in network' Also see Providers listed above with **prescribers onsite 	
Everett	Everett Clinic Psychiatry 425-339-5453 https://www.everettclinic.com/medical-departments/behavioral-health (click Providers on Right hand side and scroll down for list of doctors and contact information)
Edmonds	Dr. Greg Johnson 425- 582-8275 http://www.gregjohnsondoplcc.com/
Bellevue Office	Dr. Hower Kwan 425-454-2911 https://www.howerkwonmd.com/
Bellevue Office	Interlake Psychiatry 425-462-9511 https://www.interlakepsychiatry.com/
Bothell	Puget Sound Psychiatric Center Tonya Peck, Psychiatrist, PA-C (425) 312-6730 Dr. Mustafa, Psychiatrist, MD(425) 292-5102 www.pspc.org
Mill Creek	Shifa Health , Edward Ebert, ARNP, Psychiatric Nurse Practitioner (425) 742-4600 See website for other providers in group- Shifa Health
Everett office	Western Washington Medical Group- Start with your Primary Care Physician for a referral to Psychology department. You do not have to be an established patient with WWMG to make a Psychology department appointment. Does not accept Apple Health. <ul style="list-style-type: none"> Psychology: (425) 259-1366 Info about providers in group www.wwmedgroup.com *Neuropsychology scheduling (same as Psychology number above)
Woodinville	Woodenville Psychiatric 425-481-0429 http://www.woodenvillepsychiatric.com/
FAQ on Pediatric Neuropsychology on Western Washington Medical Group website: https://www.wwmedgroup.com/wp-content/uploads/2016/01/neuropsychology_faq_pediatric.pdf	
Autism Spectrum Disorder (ASD) Resources Spectrum Disorder It may be helpful to start by calling your insurance plan for information about providers that are 'in network'	
Autism Spectrum Disorder Evaluation Clinics	<ul style="list-style-type: none"> Boyden Family Autism Center (Providence): Everett- 425-258-7097; https://washington.providence.org/locations-directory/b/boyden-family-autism-center Crystal and Patrick Gray; 206-883-6175 cgrayconsulting@hotmail.com (evaluation, ongoing counseling, social skill groups) Evergreen Neurodevelopmental Center www.endc.org Nicole Bain, PhD Licensed Psychologist; 425-753-5001, NicoleBainPhD@live.com Providence Hospital Everett, Seattle Children's Everett, 425-304-6080 Lakeside Center for Autism, 1871 Gilman Blvd, Issaquah 98027; 425-657-0620 lakesideautism.com

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Autism Spectrum Disorder Evaluation Clinics	<ul style="list-style-type: none"> • University of Washington Autism Center; 1701 Columbia Road, Seattle 98195; 206-221-6806 • Seattle Children’s Hospital Center, 206-987-8080
Smokey Point	<p>Beard, Lindsay, LMHC, CMHS Roots and Wings Counseling 360-420-9488; ABA Autism Specialty Insurance- paneled with many, contact provider. https://lindsaybeardtherapy.com/</p>
Lynwood	<p>Gray, Patrick PhD; Gray, Crystal MEd; 206-883-6175 (evaluation, ongoing counseling, social skill groups) ABA Autism Specialty https://www.pugetsoundpsychology.com/</p>
<p>Online Autism Society of Washington: https://autismsocietyofwa.org/v2/resources/state-and-federal-resources/</p>	
<p>Attachment</p>	
Kirkland office	<p>Attachment Center Northwest 800-550-2105 www.attachmentandtraumaspecialists.com</p>