

FAQ about 5-Day Meal Kit Program:



When and where can I pick up my 5-Day Meal Kits?

5-Day Breakfast & Lunch Meal Kits will be available all children every Wednesday for Curbside Pick Up at four pick-up locations, (Hillcrest Elementary 10-noon, Highland Elementary 10am-noon, Glenwood Elementary 10am-noon, Northlake Middle School 4pm-6pm, and Lake Stevens Middle School 4pm-6pm).

What will come in the 5-Day Meal Kits?

Each 5-Day Meal Kit will come with 5 breakfast entrees, 5 lunch entrees, fruits, vegetables, and half-pints of milk (optional). Most entrees will be sent frozen and many will require some cooking/heating before eating. Preparation Instructions will be included. Store these items in the freezer until ready to cook and refrigerate any perishable foods within one hour of pick-up. The menu is subject to change based on product availability. Please visit our menus page for more detailed information about our menus as it becomes available at <https://www.lkstevens.wednet.edu/menus>

How do I participate in the 5-Day Meal Kit Program for my children?

If you want to participate in the 5-Day Meal Kit Program for your children, please submit an [Online Form](#) (one per family) at <https://forms.gle/vgWXjDv7ek1NffJN9> to help the food service team plan and prepare enough Meal Kits for each site.

How often do I need to fill out the online 5-Day Meal Kit Participation Form?

At this time, we are only asking that you fill out the Order Form once to help our food services teams plan and prepare enough Meal Kits. If you have changes after you have submitted it, you may go back in and edit your Participation Form. In the coming months this may evolve into a weekly requirement.

Does my child or children have to be present to pick up a Meal Kit?

No, your child or children do not need to be present to pick up a Meal Kit, but we will ask for their first name, last name and age to meet our program rules..

What information do I need to provide in order to pick up the Meal Kit?

If your child or children are present you don't need to provide any information, but indicate the number of students in the vehicle. If they are not present, we need each child's first name, last name and age to meet our program rules

Do I need to wear a face covering to pick up a Meal Kit?

Yes, any person picking up Meal Kits must wear a face covering that covers mouth and nose in order to pick up the Meal Kit(s), per the Governor's orders.

How much do the 5-Day Meal Kits cost?

On August 31, 2020, the USDA extended the nationwide waiver to allow free meals to all children ages 18 and younger and children 19 or older with a physical or mental disability, as defined by the state, are also eligible. This waiver is currently extended through December 31, 2020.

Do I still need to apply for Free or Reduced Meals?

Yes, if your financial situation has changed, or you received free or reduced priced meals last school year, please fill out a Free/Reduced Meal Application to see if you qualify for meals at reduced or no cost for the 20-21 school year. This will benefit you and your family for other reduced fees and other great programs in our district. [<https://www.lkstevens.wednet.edu/Page/93>].

Can I request a meal for just one day instead of five days?

At this time we will only be offering complete 5-Day Meal Kits. No individual meals are available.

Can I pick up a Meal Kit for my child or children if I did not fill out an online Participation Form?

While we strongly encourage you to fill out an Online Participation Form to help us make sure we have enough Meal Kits prepared, you can pick up a Meal Kit even if you did not fill out a Participation Form as long as we have enough Meal Kits on-hand.

Can I go to a different pick-up location than the one I chose on my Participation Form?

While we strongly encourage you to go to the location you chose on your Participation Form, we realize circumstances change and you may need to go to another service location. In the event you need to change locations, please edit your Participation Form and change your pick up site before Wednesday. If you are unable to make this change before Wednesday pick-up, you will be served a Meal Kit at whichever location you go to as long as they have enough on-hand.

Will I be charged for a Meal Kit if I fill out a Participation Form, but do not show up?

No you will not be charged. All 5-Day Meals kits are free.

What if my student needs dietary accommodations?

If your student requires dietary accommodations, please contact your School Nurse directly to make sure the necessary medical documentation is on file. Your School Nurse will then contact Food Services to arrange any necessary modifications to your student's Meal Kits.

This institution is an equal opportunity provider.