

February 2022

Lake Stevens - Cavelero Mid-High School Menu (Grade 8-9)



IMPORTANT NOTICE

Please Note: District menus remain affected by supply chain issues which will impact our planned entrees and packaging.

Rotating Daily Breakfast Options:

- Cereal
- Variety of Breakfast Bars & Breads
- Yogurt
- String Cheese
- Rotating Hot Options

Offered with: Fresh Fruit, Juice, Milk, & Soy Milk

Breakfast and Lunch is **NO CHARGE** for ALL students

No payments or deposits necessary. All Paid, Free or Reduced Eligible enrolled students can access school meals completely FREE due to USDA extended funding

Daily Lunch Options

Offered with White or Chocolate Milk, Soy Milk, Juice, Fruit & Veggies

| | | | | |
|--|--|---------------------------------------|---|--|
| Pizza by the Slice (Cheese or Pepperoni) | Garden Salad with Cornbread Chicken Caesar Salad with Cornbread | Deli Sandwich or Deli Wrap with Chips | Protein Pack (Combo of 2 Protein Items + Benefit Bar & Fruit) | Cheese Burger or Chicken Burger with Chips Garden Burger with Chips |
|--|--|---------------------------------------|---|--|

Rotating Hot-To-Go Menu Options

Offered with White or Chocolate Milk, Soy Milk, Juice, Fruit & Veggies

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------|---|-----------------------------|---|---------------|
| Corn Dog or Mini Corn Dogs with Chips | Beef & Cheese Burrito with Tortilla Chips | Wednesday Hot-Lunch Special | Chicken Nuggets or Chicken Tenders with Chips | Cook's Choice |

Quick to go meals for all

- All transactions will be for student meals only.
- Menu and entree items will be simplified for quick service until we can expand with custom options again.
- A la Carte, Second Portions and Adult Meal purchases have been paused and will NOT be available until we know we can serve all students that want a free meal first.

Menu is subject to change. This institution is an equal opportunity provider.

Lake Stevens Food & Nutrition Services

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Updated 1.19.22