

Timestamp	Pick Your School	What is your email address?	How do you verify that the food or beverages sold meet the nutrition guidelines?
6/8/2015 10:27:23	Skyline Elementary	dave_bartlow@lkstevens.wednet.edu	PTA popcorn sales met guidelines.
6/8/2015 11:20:40	Highland Elementary	matt_pewitt@lkstevens.wednet.edu	Because we don't sell food at school, this really hasn't been an issue for us. We do encourage and promote healthy snacks at school, as well as for parties, etc.
6/8/2015 12:46:46	North Lake Middle School	brad_abels@lkstevens.wednet.edu	Ask the vendor and email Mollie to check out compliance.
6/8/2015 15:55:31	Cavelero Mid-High School	Tonya_Grinde@lkstevens.wednet.edu	Trust Mollie and our kitchen staff - notice what is in vending machines.
6/22/2015 11:05:48	Mt. Pilchuck Elementary	chris_larson@lkstevens.wednet.edu	We would talk with our food servers or with Mollie with any questions.
6/22/2015 12:02:27	Lake Stevens High School	Eric_cahan@lkstevens.wednet.edu	Mollie and Deanne review all of our orders.
6/22/2015 12:20:27	Sunnycrest Elementary	tim_haines@lkstevens.wednet.edu	I assume they do; I have not verified as to whether or not they are.
6/22/2015 14:03:53	Lake Stevens Middle School	michael_weatherbie@lkstevens.wednet.edu	I talk with our one vendor.

6/25/2015 8:42:14	All Schools Food & Nutrition Services Department	mollie_langum@lkstevens.wednet.edu	We enter every ingredient in to our nutrition ingredient and recipe database. We also enter the nutrition facts into the smart snacks calculator and print out the report that shows if it is compliant with the district policy standards. This document is uploaded to the specific ingredient it is linked to and saved for future reference.
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If you serve popcorn during the school day is your recipe in compliance with the nutrition guidelines?	What food or beverage items do you have concerns about?	What opportunities are available for students to be physically active in addition to PE?	What additional resources would be helpful to comply with our district wellness policy?	What additional questions or comments do you have?
	None	Recess, Stretch breaks throughout the day, GoNoodle - online brain breaks		
		Recess, Before and after school activities, Stretch breaks throughout the day, Before-School Running Club, Racquet Club		
		Before and after school activities		
	It might be wise to revisit some of the itmes sold in the Hay Shack?	Before and after school activities, Passing periods, Outside lunch time	Maybe an article in the paper? More coverage in bold letters on district webpage and on social media sites?	
	There are lots of sweet foods/sweet rolls at breakfast. I think breakfast is our main concern.	Recess, Before and after school activities, Stretch breaks throughout the day, Passing periods, Sharpen the Paw Workshops		
	Vending machines and school store	Before and after school activities, Passing periods		
	Breakfast items.	Recess, Walking Club		
	Maybe a couple of snack items in our one vending machine. We have a great working relationship with our vendor, so we have a high level of trust in him that he will provide us with snacks and beverages that comply with nutrition standards.	Before and after school activities, Passing periods	Might be helpful to hear from others what they are doing.	

	Nothing at this time.	Recess	Nothing at this time.	
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Do you use the Smart Snacks calculator to verify that food and beverage items served during the school day meet the nutritional guidelines of our district?	Do you use the Smart Snacks calculator to verify that food and beverage items served during the school day meet the nutritional guidelines of our district?	Are you aware that we have a dedicated webpage on the Lake Stevens site that has information and resources posted?	Do you represent a specific group?	Please provide examples of programs or activities from this school year that integrated nutrition education or promoted wellness in your school.
	Yes	Yes, I am familiar with this resource page.	Other	Gear up and Go! GoNoodle - online activity brain breaks
	No	Yes, I am familiar with this resource page.	Other	We work to follow nutrition guidelines when we do outside events for PTA, parent groups, etc. We also put on nutrition/physical activity evenings through out PTA which promote healthy choices for families.
	No	No, I had no idea this information was online	Other	Wellness course includes a nutrition unit.
	No	No, I had no idea this information was online	Other	Health and PE teachers at both grade levels include healthy choices as part of the curriculum. Mollie has also incorporated more "attractive" grab and go options for students. We see more fresh fruits and vegetables on a regular basis. Some items (large Darigold flavored milks) have been removed.
	No	Yes, I am familiar with this resource page.	Other	Sharpen the Paw Workshops, School Garden, Recycling Program, PTA
	Yes	Yes, I am familiar with this resource page.	Other	FCCLA ASB
	No	No, I had no idea this information was online	Other	Lunch?
	No	No, I had no idea this information was online	Other	6th and 7th grade Wellness curriculum

	Yes	Yes, I am familiar with this resource page.	Food & Nutrition Services	We have nutrition information posted online, age appropriate educational posters at cafeteria service lines and have strategically positioned healthy fresh fruits and vegetables ready available for all students at each service line.
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Do you think the students in your school are provided access to and encouraged consumption of nutrient-dense food?	If you do NOT use the Smart Snack Calculator, how do you ensure that the products you sell comply with the nutrition standards?	During a state audit, would you be able to show how your food and beverage items comply with the nutrition standards.
		Yes
	N/A	N/A
	Ask Mollie	No
	NA	Yes
	We ask Food Servers or Mollie	No
		Yes
	We do not sell items outside of popcorn.	Uncertain
	I don't have a strategy. If I knew of the Smart Snack calculator I would likely use it in collaboration with our vendor.	No

	N/A, we use the caclulator	Yes
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