

# May 2022



## Lake Stevens - Cavelero Mid-High School Menu (Grade 8-9)

### IMPORTANT NOTICE

District menus remain affected by supply chain issues which will impact our planned entrees and packaging.

### Rotating Daily Breakfast Options:

- Cereal
- Variety of Breakfast Bars & Breads
- Yogurt
- String Cheese
- Rotating Hot Options

Offered with: Fresh Fruit, Juice, Milk, & Soy Milk

### Breakfast and Lunch is NO CHARGE for ALL students

No payments or deposits necessary. All Paid, Free or Reduced Eligible enrolled students can access school meals completely FREE due to USDA extended funding

### Daily Lunch Options

Offered with White or Chocolate Milk, Soy Milk, Juice, Fruit & Veggies

Pizza by the Slice (Cheese or Pepperoni)  	Garden Salad with Cornbread  Chicken Caesar Salad with Cornbread	Deli Sandwich with Chips  Toppings: Lettuce, Spinach, Red Onion, Cucumber, Tomato, Pepperoncini, Olives, Pickles, Mayo, Mustard	Protein Pack (Combo of 2 Protein Items + Benefit Bar & Fruit)
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### Burger Bar

Offered with White or Chocolate Milk, Soy Milk, Juice, Fruit & Veggies

Monday	Tuesday	Wednesday	Thursday	Friday
Spicy Chicken Burger or Cheese Burger with Chips  Veggie Burger with Chips  Toppings: Ketchup, Mustard, Mayo, Pickles	Corn Dog with Chips  Chicken Burger with Chips  Veggie Burger with Chips  Toppings: Ketchup, Mustard, Mayo, Pickles	Cheeseburger  Beef Burrito  Veggie Burger with Chips  Toppings: Ketchup, Mustard, Mayo, Pickles	Chicken Tenders with Chips  Cheese Burger with Chips  Veggie Burger with Chips  Toppings: Ketchup, Mustard, Mayo, Pickles	Cook's Choice  Cheese Burger or Veggie Burger with Chips  Toppings: Ketchup, Mustard, Mayo, Pickles

Menu is subject to change. This institution is an equal opportunity provider.

Lake Stevens Food & Nutrition Services

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