



# BULLDOG BARK

North Lake Middle School  
2202 123rd Ave NE, Lake Stevens, WA 98258  
425-335-1530

<http://www.lkstevens.wednet.edu/nlms>

## North Lake Events

Aug. 21-Sept. 3

Office hours  
Mon-Fri 9-12 & 1-3  
Closed Sept. 2

\*August 21 - 30 will be ideal days to make purchases/pay fees in the Main Office and avoid long lines at Open House on 8-29-19!

August 24

- Schedules available via Skyward

August 29

- Open House 3-5:30 PM
- 7th Grade Football Gear Pick Up

September 4

- First day of School
- 7th grade Cross Country and Football Starts

September 6

- Early Release 12:55 PM

September 12

- Picture day

September 19

- Curriculum Night 6:00-8:00 PM

\*How to avoid long lines at Open House

1. Print your schedule online (Skyward.com)
2. Make payments [online](#)
3. Visit the office during working hours between 8/21-9/3 from 9-12 PM and 1-3 PM to make payments in person.

## Message from the Principal

Welcome to the 2019-2020 School Year!

Welcome back to the class of 2025 families, as well as a big welcome to our new 6th graders, the class of 2026, and to those families new to North Lake Middle School. We hope you had time this summer to relax and enjoy family and friends.

We would like to welcome our new staff members to the Bulldog community:

- |                      |                    |
|----------------------|--------------------|
| • Connor Davis       | Social Studies     |
| • Jennifer Garretson | Choir              |
| • Damar Hartzell     | Design & Modeling  |
| • Meghan Hayes       | Math               |
| • Ryan Michalisin    | ELA/Social Studies |
| • Parker Reid        | Math               |
| • Bethany Ross       | ELA/Social Studies |
| • John Winn          | Design & Modeling  |
| • Kayla Dokken       | Special Education  |
| • Linda Sieg         | Special Education  |

Our number one focus at North Lake is on learning. The North Lake staff is excited to develop partnerships to help all students succeed academically. While academic learning and success are primary, students will also be supported as they learn how to get along with other people from diverse backgrounds, differing interests, and various dreams for the future. At North Lake Middle School we are committed to the **3R's**:

- **Respect for Learning**
- **Respect for People**
- **Respect for Property**

As the school year begins, please take time with your student to set academic goals for first semester, support the **3R's** at home, and encourage getting involved in extracurricular activities.

We look forward to a productive school year.

Brad Abels  
Principal

Will Kahn  
Associate Principal

# Open House 8-29-19 from 3-5:30 PM

With September quickly approaching, the halls of North Lake Middle School are coming to life as students and staff prepare for the upcoming school year. Plans are in place for an Open House on August 29<sup>th</sup> at NLMS. Open house is a great opportunity to explore the campus and meet your student's teachers. Open house will consist of:

## Classrooms

- Teachers will be in classrooms from 3-5:30 and would love to meet each of their new students! This is a great time to introduce yourselves, however, it is not a great time for an in depth private conversation as each teacher may be meeting 150 new students during this short time.

## Counseling Office

- Printed schedules will be available in the Counseling Office during Open House.

## Main Office

- **Purchases:** Cash, checks, and credit cards accepted. **August 21 - 30 will be ideal days to make purchases/pay fees in the Main Office and avoid long lines at Open House.**
  - **Required Purchases:** PE shirt \$7, PE short \$8 (PE CLOTHES WILL BE DISTRIBUTED DURING PE CLASSES THE FIRST WEEK OF SCHOOL)
  - **Optional Purchases:** Chromebook Insurance \$30 (\$10 free/reduced), Yearbook \$28, and ASB card \$15.
- **Health room:** If you need to check in with the **nurse** about any medical information or to drop off medications, she will be available in the Health Room.

## Cafeteria

- There will be a table with **Athletics** and **Clubs** information.
- A **Food Services cashier** will be present for those of you who would like to deposit money in your child's lunch account (cash or check only).
- Parents may want to swing by the **PTSA Student Store** for information about upcoming opportunities.



We dislike lines as much as you do. 😊 Please avoid waiting in line and visit us online for student schedules and to make required purchases.



**Schedules:** [Skyward](#)

**Purchases:** <https://wa-lakestevens.intouchrecepting.com/>



**Please Note:** You may make purchases in person prior to Open House. Our office will be open 9-noon and 1-3pm each day prior to the start of school (with the exception of Labor Day). Purchases on August 29<sup>th</sup> will be in the Main Office and lines may be long.

North Lake Middle School  
PTSA



Hello North Lake Families! On behalf of the 2019/20 North Lake Middle School PTSA Board, we would like to welcome all of our new and returning families to an exciting school year! North Lake Middle School PTSA is made up of fun and friendly people!

When you join PTSA, you are becoming part of an organization whose sole purpose is to advocate for children. We are very focused on making an enriching school experience for *all* students. Be sure to visit our PTSA Student Store located in the cafeteria on Tuesday, August 29th during our Open House. We will have volunteer information, membership forms, spirit wear info, and much more.

**STAY IN THE KNOW!** Be sure to like our facebook page “North Lake Middle School PTSA” and visit our webpage at [www.northlakeptsa.com](http://www.northlakeptsa.com) to stay on top of school events and check out all of the fabulous programs your PTSA supports!



*Thank you to our incoming board:*

- ~ President: Liz Janssen ~ Vice-President: Janet Raynor ~
- ~ Secretary: Rachel Delgado ~ Treasurer: Lisa Brittain ~

Questions? Feel free to contact us at [northlakeptsa@gmail.com](mailto:northlakeptsa@gmail.com)

### Where Should You Go on the First Day of School?

Arriving to campus on the first day of school can be an intimidating and confusing time for students, especially for those who are new to the school. One of the first questions that students have is, “Where do I go when I come to school on the first day?” The answer depends on whether you are a 6<sup>th</sup> or 7<sup>th</sup> grader:

#### 6<sup>th</sup> Graders

If you are a 6<sup>th</sup> grader, please go to the cafeteria when you arrive on campus. All 6<sup>th</sup> graders will begin the day in the cafeteria.

#### 7<sup>th</sup> Graders

If you are a 7<sup>th</sup> grader, you should report directly to your first period class.

### Online Payment System

Lake Stevens School District uses the Point-of-Sale (POS) system by InTouch. Parents and students are able to pay for any fee or item from any school, for any school or on the web. Parents will be able to pay for all their students fees or items with one transaction and review previous payment history for their student(s). Your school office will have the ability to take checks, cash and credit/debit cards. The District is also implementing TouchBase, an online payment system to pay for fees, fines (library, textbook, etc) or products (yearbook, asb card, etc) all from the convenience of your home. Look for the *Online Payments* link on our District website and on the individual school's website under Parents & Students.

Unfortunately at this time, payments for food service will not be taken using this system. Parents will continue to use MealTime Online.



# chromebook

Dear North Lake Middle School families,

At North Lake Middle School, every middle school student will be issued a Chromebook. This computing device will be used in classes throughout the day and taken home to use for extended learning. This 1:1 model allows our teaching staff to use technology and online resources in powerful new ways within classroom instruction, and further supports collaboration between students. As with any program there are many questions, and I will address a few of these below.

## ***What does a 1:1 Chromebook mean for students?***

During the first week of school, all students are assigned a Chromebook. These devices have district-issued and managed Google Apps for Education accounts, which our students are already using. These accounts give them access to software applications for word-processing, spreadsheets, presentations, forms and email communication. Their data is stored in Google Drive and is accessible from a variety of devices with Internet connection. Due to the nature of Google Apps for Education, the account is highly secure and meets all Federal student privacy requirements. [Technology Handbook for Parents and Students](#)

***How do I pay for the Technology fee?*** (1) Pay using the online payment system located on the LSSD or school websites or (2) If not paying using the online payment system, print the [LSSD Technology Use Agreement](#) and return the main office August 21 through September 4th with payment.

## ***Insurance Agreement***

The cost for Chromebook insurance will remain the same—\$30 per student and \$10 for students who qualify for free or reduced lunch. The first repair claim is fully covered by the insurance. The second claim requires a \$25 co-pay (\$5 for free or reduced lunch students) and the third claim (and all future claims) will require the parent/guardian to pay the full cost of the repairs. [Chromebook Insurance Flyer](#)

Parents/guardians will receive a notification each time their child's Chromebook is sent in for repair. This form will need to be signed and returned to school. Students will not receive their repaired Chromebooks until the form is returned.

## ***Device Care and Expectations***

In a continued effort to reduce the number of Chromebook repairs needed, students will complete a 20 minute online training that explains how to care for their Chromebook. This includes carrying and cleaning the device and how to use it efficiently.

## ***Increased Protection for Chromebooks***

Lake Stevens School District is purchasing Belkin Always-On Slim cases for every middle school student to start the year. It is imperative that students have their Chromebooks in cases at all times.

## The First Day of School - September 4

School begins promptly at 7:40 AM and ends at 2:20 PM. Students will need to arrive between 7:25-7:35. **Please do not drop your student off earlier than 7:25, as there is no supervision available.** School breakfast is available in the mornings starting at 7:15 and costs \$1.75. Lunch will be served the first day of school and the cost is currently \$3.00, however, lunch may increase to \$3.25 for the 19/20 school year.. Free and reduced lunch applications are available through the main office. At the end of the day, first-day packets will be sent home with students. They include important information about lunch, insurance, health curriculum, and contact information. Please return the forms promptly with your student so we may update your information. School buses will be running the first day of school. Please have your student write down your home address so that everyone gets on the right bus.

## Student Drop Off and the Bus Loop SAFETY FIRST

In order to keep our students safe, we request that parents drop off their children or pick them up in the marked loading zones next to the school on 22<sup>nd</sup> Avenue NE. It is best if all parents drive in from 26<sup>th</sup> Street and turn south onto 123<sup>rd</sup> Avenue to pick up and drop off children. Our parking lot directly across from the school is also available as a waiting area for picking up students. Children must exercise caution at all times when crossing the street to the parking lot and gym. We ask that all parents respect the "Buses Only" signs in the parking lot behind the school.

Many students walk along that area on their way to and from classes, and their safety is a priority. Our Safety Patrol consists of students in grades 6 and 7 who assist students in keeping safe in the crosswalk on 22<sup>nd</sup> Avenue NE. Please stop when they have their flags up and remain stopped until they put their flags down and return to the shoulder area. Their safety is of the utmost importance.

## Search Bus Routes and School Boundaries Online

E-LINK, an online mapping tool, is accessible through our website. E-LINK allows families to enter their home addresses to find their attendance area school, bus number, nearest bus stop and pick-up and drop-off times. Bus routes will no longer be printed in the back-to-school issue of Lake School. For more information about bus routes, contact the Transportation Department at 425-335-1508.



## Students Wanted: Safety Patrol

Pick up a Safety Patrol application in the Counseling Office if you are interested in joining a team of students who help out at the crosswalk each day. There are opportunities before and after school as well as between classes. Students must be responsible for completing all class work, communicating well with students and staff, and being punctual in order to be a successful Safety Patrol member.



## Family Access: Stay Informed

Some elementary school parents have used it before, but now that your child is in middle school, regular use of the **Family Access internet site** is a “must” for everyone. You can find out what **your child’s current grade** is in any class. This is very important, as many students are challenged by the switch to multiple teachers, expectations, and assignments. You can also check **your student’s attendance**. Is she tardy to class? Did the note you sent get turned into the office to excuse an absence? Family Access even has **standardized test scores** and a record of any **discipline entries** which will include elementary and middle school years.

To get to the login page, go to the school’s or district’s website and look for the link called Family Access which will take you to the login page. The URL for the district website is [www.lkstevens.wednet.edu](http://www.lkstevens.wednet.edu). Your login name may contain spaces if your last name is less than five letters long. Your login name contains the first five letters of your last name, with the first three letters of your first name and then three numbers. If you don’t know your login or password, use the “forgot login” or password link to have the system email your account information. If your email address is not found by the system please contact the office to have it updated. Once you are logged in, you will be able to request email notifications related to grades and attendance if you choose.

## Advisory Each Day

Advisory class will occur during 1st period school-wide. Students will meet with their Advisory teacher and peers in small classes for a variety of purposes:

- Problem solve and tackle real-life issues impacting our school community
- Opportunities to get to know each other and build positive relationships
- Develop social-emotional skills
- Warm up thinking with a variety of mentally challenging games and relevant activities
- Have fun engaging in learning together in a productive and safe environment

Students who participate in school-based social-emotional learning programs profit in multiple ways (CASL, 2007). They improve significantly in 1) social and emotional skills, 2) attitudes about themselves, others, and school, 3) social and classroom behavior, and 4) achievement-test scores and school grades.

## Have You Moved?

One of the acceptable forms of residency listed below are necessary for enrollment and change of address in our district. A copy of any one of the following is sufficient to verify residency. The district may require that this documentation be updated periodically.

- Accepted real estate contract for purchase of home with date of closing
- Building construction permits for residence with date of completion
- Lease/Rental agreement specifies the date of occupancy within 30 days
- Utility bills with name and address of parent/legal guardian
- Current legal parenting plan/custody agreement (if applicable)
- Legal guardianship papers (if applicable)

### Life-Threatening Health Conditions

School law requires that when there is a student with a known life-threatening condition, schools must be prepared for a life-threatening event on the day the student starts school.

If you student has severe allergies/anaphylaxis, diabetes or asthma, she/he may be affected by the state law that requires that individual health care plans be implemented for all students with life-threatening health conditions before they attend school. If you student has severe allergies, has been prescribed epinephrine (epi-pen), requires blood sugar and/or insulin testing at school, or requires medication at school for asthma, please contact the building nurse to help write your student's health care plan.

### Immunizations

The amended School Immunization Law requires that a completed Certificate of Immunization form be present at school on or before your child's first day of attendance. The Certificate of Immunization form (CIS) must show proof of full immunizations or initiation of a schedule of immunization. Parents elected to exempt their child from immunizations must complete a Certificate of Exemption (COE). Effective July 22, 2011, the COE must include the signature of a licensed healthcare provider. IF a parent completes the COE and an outbreak of a vaccine preventable disease for which the child is exempt occurs, the child may be excluded from school for the duration of the outbreak by order of the Public Health Officer. You can download the CIS and COE forms below, or get a copy from your health care provider's officer of the health department.

### Required vaccines for children entering school

The following are the minimum vaccines required for attendance in the 2019-2020 school year, according to the State of Washington (WAC 246-100-166).

- Diphtheria, Tetanus, Pertussis (DTaP/DT/Td/Tdap): Five doses of Pertussis containing vaccine are required for school attendance. Four doses of DTaP are required for entry into kindergarten provided the last dose is given on or after the 4th birthday. An additional booster of one dose Tdap is required for entry of 6th-12th grade of when student is 10 years old
- Polio: Four doses. Three doses if the last dose is given on or after the 4th birthday.
- Measles, Mumps, Rubella (MMR): Two doses
- Hepatitis B: At least three doses completed prior to the first day of school.
- Varicella (Chicken Pox): Two doses required for entry of kindergarten - 12th grade or healthcare provider verifies child had the disease. (MMRV and Varicella) may be used instead of separate MMR and Varicella vaccines.

Note: Month, day and year are required documentation of all vaccines. For more info:

<https://www.doh.wa.gov/communityandenvironment/schools/immunization%20vaccinerequirements> To check your student's immunization status and print forms: <https://wa.myir.net>

### Medication at School

Washington state law allows school employees to administer oral medication to students when certain requirements have been met. If the child has a life-threatening condition in which the administration of epinephrine by injection is necessary, school employees can administer this medication as well. Please note that non-medically trained personnel may administer medication to your child. If you child requires eye, ear, nose drops or topical medication, please check with the school nurse to see if that need can be accommodated.

If your child needs to take medication during school hours, the medication must be sent to the school in the original pharmacy container. The label should state the child's name, date of prescriptions, name of physician, name of drug, route of administration, and when to take it.

We must have a written, un-expired request from the parent/legal guardian along with a written, un-expired prescription from a licensed professional to administer the medication; these must be accompanied with instructions. The medication and necessary paperwork should be reviewed by the school nurse. Medication means all drugs, whether prescription or over-the-counter.

Medication forms must also be completed for all medication students will have in their possession. This includes medications needed for field trips and all after-school activities, including athletic and non-athletic extracurricular activities. Forms can be found on the LSSD website.



## IMMUNIZATION REQUIREMENTS

### PERTUSSIS

Snohomish County is experiencing an increase of Pertussis, more commonly known as whooping cough. The Tdap Booster Shot CAN protect against this disease.

**Tdap is routinely given at age 11 or 12.** People who did not get Tdap at that age should get it as soon as possible. Washington State Law requires documentation of the immunization or a signed waiver by a physician to be on file at school. **This is NOT an optional immunization. In order to remain in school a student must have an immunization, or a signed waiver from a physician.** Please update your file at school immediately if you are out of compliance.

### CHICKENPOX (VARICELLA)

Anyone who is not fully vaccinated, and never had chickenpox, should receive one or two doses of chickenpox vaccine. The timing of these doses depends on the person's age. Ask your physician.

Thank you for your help in keeping all of our students healthy.

If you have questions, or would like to leave a confidential voicemail you may call:  
425-335-1657.

Kim Wilson, RN

### Whom to Contact – Dial (425) 335-1530 and ask for...

- |   |                             |
|---|-----------------------------|
| ➤ Activities and Club Information                       | Ms. Barnes                  |
| ➤ ASB Cards/Fees/Fines/Payments                         | Ms. Ames                    |
| ➤ Attendance/Homework Requests/<br>Pre-Arranged Absence | Mrs. Strong                 |
| ➤ Counseling/Class Schedule                             | Counseling Office           |
| ➤ Grade Information                                     | Counseling Office           |
| ➤ Parent Conferences General Ed                         | Counseling Office           |
| ○ Special Ed  | Case Manager                |
| ➤ Illness & First Aid                                   | Ms. Wilson, Office Staff    |
| ➤ Library Procedures                                    | Ms. Burleigh,               |
| ➤ Lunch Information/Free and Reduced                    | Kitchen Staff               |
| ➤ New Student Registration                              | Jackie Williams             |
| ➤ Instructional Concerns                                | The Teacher, Administration |
| ➤ Withdrawal from School                                | Jackie Williams             |



## Sports and Activities



Research shows that students who get involved in their school have higher academic achievement and a more successful school experience. Try something new and get involved in North Lake sports and activities!

**Athletic Opportunities** - In the fall, 7th grade students may participate in Football and Cross Country. Football begins August 27th, with practices starting at 3:30 pm. Cross Country begins September 4th, with practices starting at 2:30 pm. During the second sports season, 7th grade girls can try out for Volleyball and 7th grade boys can try out for Basketball. For the third season, both 6th and 7th graders may participate in Wrestling and 7th grade girls can try out for Basketball. In the fourth season, 7th grade boys and girls may participate in Track & Field.

**Requirements for Participation** - All athletes prior to practicing must complete the Athletic Eligibility forms online at [FamilyID.com](http://FamilyID.com) and have a current physical on file uploaded through FamilyID. Prior to the first competition, athletes must purchase an ASB card, have a sports physical on file, and have all required forms filled out. For more information and directions on how to access FamilyID, please follow the link and read the [FamilyID letter](#) to families.

**Clubs** - Listen to the morning announcements for club opportunities. If there is a specific activity you want to do, talk to a staff member about sponsoring it. For more details, please contact Mrs. Barnes (ASB advisor) about how to make this idea a reality.

## A Message from the Attendance Office

If you are keeping your child home due to illness or an appointment, please call our attendance office to report your child's absence at (425) 335-1562. If leaving a message, please indicate one reason that best describes why your child is absent. If your student is ill, please describe their symptoms as we are collecting more detailed information on health related absences. If you do not notify the school of your child's absence, the school is required to call and confirm the absence. If there is no parent contact within 48 hours, the absence will be reported as unexcused.

Homework may be requested after three consecutive days of absence. To request homework, please call the attendance office by 9AM in order to give each teacher time to gather missed work.

## A Note about Bulldog News

Each week an email sent through Skyward will deliver our Bulldog News. In this email you will find pertinent information about clubs, sports, upcoming events, etc. Stay tuned ;)

## Early Release Fridays

An 85 minute student early release is set for all Fridays for the 2019-2020 school year. This time is set aside to allow for teacher collaboration and professional development. Our release time on early release Fridays will be 12:55.

## College Bound Scholarship

Attention 7th grade parents: If you have not enrolled your 7th grader in the College Bound Scholarship, please check to see if your family is eligible. This is a need-based scholarship and enrollment is available during 7th & 8th grade only. For more information, you may go to <http://www.collegesuccessfoundation.org/collegebound/eligibility> or contact our North Lake counselors.

## North Lake Middle School Dress Code

By dressing for school in a manner that contributes to a purposeful and businesslike atmosphere and that is conducive to student learning and success, you demonstrate your commitment to showing respect for learning and respect for people. Clothing that constitutes a health hazard, is offensive, demeaning, harassing, or abusive to others, relays messages that are contrary to the educational mission of the school, or otherwise disrupts the educational process is not acceptable during the school day or for school-sponsored activities. The guidelines below will assist you in determining whether or not your manner of dress is in conflict with the educational and developmental goals of the school.

- Clothing, drawings, tattoos and accessories that display or promote negative messages are not permitted. These could include drug, gang, weapon, alcohol or tobacco-related information, obscenities, put-downs, stereotypes, sexual innuendo, offensive words or graphics.
- Clothing will cover undergarments, torso, midriff and backside, and have sleeves or straps (2”).
- Shoes must be worn at all times.
- Hats, bandanas, and other head coverings are not permitted to be worn on school grounds, in school buildings, or in classrooms. Hoods may not be worn inside buildings or classroom.
- Sunglasses may not be worn in the buildings

Final determination of acceptable dress will be made by the school administration.

[\[LSSD Policy 5530\]](#)

Lake Stevens School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination: Civil Rights Coordinator and Title IX Coordinator: Ken Collins, (425) 335-1500, [ken\\_collins@lkstevens.wednet.edu](mailto:ken_collins@lkstevens.wednet.edu); and Section 504 Coordinator: Miriam Tencate, (425) 335-1500, [Miriam\\_Tencate@lkstevens.wednet.edu](mailto:Miriam_Tencate@lkstevens.wednet.edu). Address: 12309 22nd St. NE, Lake Stevens, WA 98258.