



## NORTH LAKE MIDDLE SCHOOL 2021-22 TRACK AND FIELD SCHEDULE



- Wednesday – April 27<sup>th</sup> NLMS & Monroe MS vs. *Host*-Marysville MS @ Marysville Pilchuck High School-Quil Ceda Stadium
- Thursday – May 5<sup>th</sup> NLMS & Marysville MS vs. *Host*-Centennial MS @ Centennial MS
- Thursday – May 12<sup>th</sup> NLMS & Valley View MS vs. *Host*-Haller MS @ Arlington HS
- Wednesday – May 18<sup>th</sup> NLMS & Haller MS vs. *Host*-Post MS @ Arlington HS
- Thursday – May 26<sup>th</sup> Cedarcrest MS vs. *Hosts*-NLMS, LSMS & Cavelero MHS @ Cavelero MHS
- Thursday - June 2nd Division Finals @ Snohomish HS-Veteran's Memorial Stadium @ 3:45

**\*Practices: Monday – Thursday 2:50 - 5:00 pm (we will have a practice on Friday, 4-15 & Friday, 4-22 we are jogging to LSHS for our Track Clinic)**

**\*Field Events begin at 3:45 & Running Events begin at 4:00**

**\*The Meet @ Cavelero is a parent pick-up ONLY at the end of the meet. No bus will be provided for return to NLMS. Return buses for other away meets will return @ 6:30-6:45ish.**

Coaches: Steve Eacrett, Head Coach  
Dave Rothgeb, Assistant Coach  
Amanda Gilbo, Assistant Coach  
Connor Davis, Assistant Coach

## Directions to Track & Field Events

### **Cavelero Mid-High: 8220 – 24<sup>th</sup> St SE, Everett, WA 98205**

1. From Highway 9 turn west on 20<sup>th</sup> (Cavelero Hill Road), which is south of Frontier Village.
2. Go west to 83<sup>rd</sup>, turn left (south) and follow the road back to school.

### **Centennial Middle School: 3000 So. Machias Road, Snohomish, WA**

1. Highway 9 to New Bunk Foss Road (just north of Highway 2). East to Old Machias Road.
2. Left to Machias Road. Left on Machias Road. Continue north approx. 1 mile-school on left.

### **Lake Stevens High School: 2908 113th Ave NE, Lake Stevens, WA 98258**

1. Highway 9 north to Highway 92 East.
2. Continue on Highway 92 through the traffic (first of two) to 113<sup>th</sup> Ave NE.
3. At the second traffic circle, merge right onto 113th Ave NE.
4. Continue on 113<sup>th</sup> Ave to the second stop sign. School is on the right.

### **Post Middle School: 1220 E. 5<sup>th</sup> Street, Arlington, WA 98223**

1. Highway 9, go east on Highway 530.
2. Turn right on Arlington Heights Road.
3. Turn slight right on Jordan Road.
4. Go about 2.8 miles.

### **Marysville Pilchuck: 5611 108th Street NE, Marysville, WA 98271**

1. Highway 9 north to 108<sup>th</sup> St NE.
2. Turn left onto 108<sup>th</sup> St NE.
3. Continue downhill, stopping at the 67<sup>th</sup> Ave NE.
4. Continue through 6<sup>th</sup> Ave NE to 55<sup>th</sup> Ave NE. Turn right.
5. School is on 55<sup>th</sup> Ave NE.

### **Snohomish High School: 1316 5th St., Snohomish, WA. 98290**

1. Highway 9 South and turn left on Ave. D
2. Take the 2nd left in the round-a-bout and head South on Ave. D/Bickford Ave.
3. Follow past Key Bank and destination is on the right

### **Arlington High School: 18821 Crown Ridge Blvd., Arlington, WA. 98223**

1. Follow Highway 9 North to Crown Ridge Blvd.
2. Turn right on Crown Ridge Blvd. and follow to Arlington High School