



North Lake Middle School Wrestling Season 2016-17

- Thursday - February 9th NLMS @ Cavelero Mid High
- Thursday - February 16th NLMS @ Marysville Middle School
- Thursday - February 23rd NLMS @ Monroe Middle School
- Thursday - March 2nd NLMS @ Centennial Middle School
- Thursday - March 9th NLMS @ Haller Middle School
- Wednesday - March 15th NLMS vs. LSMS @ Cavelero Mid High
- Thursday - March 16th NLMS @ Granite Falls Middle School
- Wednesday - March 22nd Tournament at Cavelero

All matches will begin at 4:00 pm

Head Coach - Dean Width

Assistant Coach - Ben Headland

Practice Schedule:

- Monday's @ Cavelero 2:45-4:30pm
- Tuesday's - Thursday's @ NLMS 2:30-4:15pm
- Friday's @ NLMS 6:30am
- Monday *March 20th* and Tuesday *March 21st* at Cavelero Mid High

Directions to Schools

- Cavelero Mid-High: 8220 – 24th St SE, Everett, WA 98205** 425-335-1630
1. From Highway 9 turn west on 20th (Cavelero Hill Road), which is south of Frontier Village.
 2. Go west to 83rd, turn left (south) and follow the road back to school.
- Cedarcrest Middle School: 6400 – 88th NE, Marysville, WA 98270** 360- 653-0850
1. Take Highway 9 north to 84th (Getchell Road). Take a left on 84th.
 2. Continue west on 84th to stop sign on 67th Ave NE Take a right on 67th.
 3. Go to stop sign on 88th. Take left. School is on left.
- Centennial Middle School: 8220 - 24th St. SE, Snohomish, WA** 360-563-4525
1. Highway 9 to New Bunk Foss Road (just north of Highway 2). East to Old Machias Road.
 2. Left to Machias Road. Left on Machias Road. Continue north approx. 1 mile-school on left.
- Granite Falls Middle School: 405 N Alder Ave, Granite Falls, WA 98252** 360-691-7710
1. East on Highway 92 to Granite Falls.
 2. Go through town to Alder Street.
 3. Turn left on Alder Street.
 4. School is on the right just past Crossroads Alternative School.
- Lake Stevens Middle School: 1031 – 91st Ave SE, Everett, WA 98205** 425-335-1544
1. Highway 9 south of Frontier Village to 4th Street.
 2. Turn right on 4th at Hillcrest Elementary going west to stop sign on 91st Ave.
 3. Left on 91st going south about 4 blocks. School on left.
- Marysville Middle School: 4923 – 67th NE, Marysville, WA 98270** 360-653-0615
1. Go north on Highway 9 and take a left turn on Highway 528.
 2. Go to stop light on Liberty Ave. 47th Ave NE, take a right.
 3. Go to 67th, turn left. School is 2nd driveway on right.
- Park Place Middle School: 1408 W. Main St, Monroe, WA 98272** 360-794-3010
1. East on Highway 2 to 179th Ave SE (light at Fair Ground).
 2. Take right go past hospital to stop sign on W. Main Street.
 3. Go straight into school parking lot (old high school).
- Port Susan Middle School: 7506 - 267th St NW, Stanwood, WA 98262** 360-629-1360
1. I-5 north to exit 212; proceed west on SR 532.
 2. Go to first stop light at 72nd; turn left.
 3. Turn right on 267th St NW; school on left.
- Post Middle School: 1220 E. 5th Street, Arlington, WA 98223** 360-618-6453
1. Highway 9, go east on Highway 530.
 2. Turn right on Arlington Heights Road.
 3. Turn slight right on Jordan Road.
 4. Go about 2.8 miles; park in on right.
- Stanwood Middle School: 9407-271st NW, Stanwood, WA 98262** 360-629-1350
1. I-5 north to exit 212; proceed west on SR 532.
 2. Go to 92nd Ave NW, turn right.
 3. Go to 271st St NW, turn left. School is on the right.
- Totem Middle School: 1605 Seventh Street, Marysville, WA 98270** 360-653-0610
1. North on I-5 to the Marysville exit.
 2. Move to left lane. Take a left on State Street.
 3. Go to Seventh Street, take a right.
- Valley View Middle School: 14308 Broadway Snohomish, WA 98290** 360- 563-4225
1. Highway 9 south to Broadway. Left on Broadway.
 2. Continue on Broadway approx. 1 mile, school is on right.