

# **Lake Stevens High School Curriculum Night Class of 2020**

## **College and Guidance Information**



## Monthly Timeline

Month	Freshman & Sophomores	Juniors	Seniors
<b>September</b>	<ul style="list-style-type: none"> <li>-See Career Center for self-assessment, aptitude and interest test</li> <li>-Attend curriculum night</li> </ul>	<ul style="list-style-type: none"> <li>-See Career Center for self-assessment, aptitude and interest test</li> <li>-Attend curriculum night</li> </ul>	<ul style="list-style-type: none"> <li>-Check SAT/ACT dates</li> <li>-Get credit check</li> <li>-Check individual college websites</li> <li>-See Career Center for college rep visits</li> <li>-Set up coffee talk</li> <li>-Attend curriculum night</li> </ul>
<b>October</b>	<b>Attend Beyond High School Night</b>		
	<ul style="list-style-type: none"> <li>Preliminary Scholastic Achievement (PSAT) if taking for practice</li> </ul>	<ul style="list-style-type: none"> <li>-Take Preliminary Scholastic Achievement (PSAT)</li> <li>-Register for AP Exams</li> </ul>	<ul style="list-style-type: none"> <li>-Set up coffee talk</li> <li>-ACT test</li> <li>-Start college applications</li> <li>-Check scholarship list</li> <li>-Gather letters of recommendation</li> <li>-Attend Financial Aid night</li> <li>-Have parents fill out FAFSA</li> </ul>
<b>November</b>	<ul style="list-style-type: none"> <li>Monitor your first semester progress</li> </ul>	<ul style="list-style-type: none"> <li>-Attend National College Fair</li> <li>-Check collegeboard.com</li> <li>-Sign up to take the Armed Services Vocational (ASVAB)</li> </ul>	<ul style="list-style-type: none"> <li>-SAT/ACT test</li> <li>-Attend National College Fair</li> <li>-Early admissions college applications due</li> <li>-Check scholarship list</li> </ul>
<b>December</b>	<ul style="list-style-type: none"> <li>Start a database of community service hours and clubs, sports, etc.</li> </ul>	<ul style="list-style-type: none"> <li>-Think about a volunteer experience to help you explore the world of work</li> <li>-Seek information from college and military representatives as they visit our campus (Career Center)</li> <li>-Take ASVAB</li> </ul>	<ul style="list-style-type: none"> <li>-SAT/ACT test</li> <li>-Continue college application process</li> <li>-Continue to seek info from college &amp; military representatives as they visit</li> <li>-Check scholarship list (See Career Center)</li> </ul>
<b>January</b>	<ul style="list-style-type: none"> <li>Sophomores come to the Career Center in E10 class for career/college unit, throughout the year</li> </ul>	<ul style="list-style-type: none"> <li>-Plan ahead to make college visitations in the spring/summer</li> <li>-Register for June SAT test</li> </ul>	<ul style="list-style-type: none"> <li>-SAT test</li> <li>-Check scholarship list</li> <li>-Start community college applications</li> </ul>
<b>February</b>	<ul style="list-style-type: none"> <li>Plan course selections to help develop career plans.</li> </ul>	<ul style="list-style-type: none"> <li>Update progress towards graduation</li> </ul>	<ul style="list-style-type: none"> <li>-ACT test</li> <li>-Check scholarship list</li> <li>-FAFSA typical due date 2/1</li> </ul>
<b>March</b>	<ul style="list-style-type: none"> <li>Monitor your 4-year plan with regard to high school graduation requirements and college entrance requirements.</li> <li>Register for next year.</li> </ul>	<ul style="list-style-type: none"> <li>-Register for SAT/ACT tests</li> <li>-Monitor your 4-year plan with regard to high school graduation requirements and college entrance requirements.</li> </ul>	<ul style="list-style-type: none"> <li>-Make college visits before making final choice</li> <li>-Check scholarship list</li> </ul>
<b>April</b>	<ul style="list-style-type: none"> <li>Check out Running Start information if interested</li> </ul>	<ul style="list-style-type: none"> <li>-SAT/ACT Test</li> <li>-Go to the Career Center with US History class for career, college, senior year prep info</li> </ul>	<ul style="list-style-type: none"> <li>Notify college of decision to accept or deny offer of admission by May 1<sup>st</sup></li> </ul>
<b>May</b>	<ul style="list-style-type: none"> <li>Register for summer school if necessary</li> </ul>	<ul style="list-style-type: none"> <li>-Register for summer school if necessary</li> <li>-Register for June SAT/ACT tests</li> <li>-Arrange college visits</li> <li>-AP exams</li> </ul>	<ul style="list-style-type: none"> <li>-Submit college housing applications</li> <li>-AP exams</li> </ul>
<b>June</b>	<ul style="list-style-type: none"> <li>Continue database</li> </ul>	<ul style="list-style-type: none"> <li>-College visits</li> <li>-SAT/ACT tests</li> <li>-Investigate scholarships/FAFSA</li> </ul>	<ul style="list-style-type: none"> <li>Notify Registrar (Mrs. Borges) of college choice to send final transcript</li> <li><b>Happy Graduation!</b></li> </ul>

# LAKE STEVENS HIGH SCHOOL CURRICULUM NIGHT

## UPCOMING DATES



Sept 23: Options Night - 6:30pm  
for students in AP/CiHS

Sept 27: Class of 2020 photo

Oct 1: FAFSA Application opens

Oct 11: Senior photos & signatures due for  
yearbook

Oct 15: Beyond HS Night - 6-8pm

Oct 16: PSAT (\$17 payment  
registration opens Sept 27)

Nov 1: AP test payment/registration deadline

## GRADUATION REQUIREMENTS CHECKLIST

- 23.5 Credits and High School & Beyond Plan
- Community Service (for ideas - see Mrs. Hopkins in LC)
- Smarter Balanced Tests - English Language Arts, Math

## HOW CAN THE SCHOOL COUNSELOR HELP MY STUDENT?

### ACADEMICS

School counselors can help students create academic goals, choose courses, create graduation plans, connect or provide students with learning supports, and emphasize family/community/school relationships

### SOCIAL/ EMOTIONAL LEARNING

School counselors provide direct services (e.g. individual counseling, classroom instruction) and indirect services (collaborating with staff, families, community) and provide resources. Counselors collaborate with and refer students to our in building specialists Jennifer Hudson, MA, LMCH, CMHS; Mental Health Support and/or Steve Pitkin, Drug & Alcohol Intervention Specialist as needed.

### COLLEGE/CAREER

School counselors can help students research and prepare for postsecondary options, such as: college, technical programs, military, or a career. Students also receive classroom instruction and guidance from Kim Lafortune, the College and Career Specialist.

# CLUBS

Animation - Kristin Odegaard	Honor Society - Kelly Guilfoil
Anime - Molly Donnelly	Interact - Kristin Odegaard
ASB - Marcus Merrifield	Key Club - Che Mai Gray
Athletic Trainers/Sports Med - Morgan St. Henry	Lantern Club - Jennifer Hudson
Band - Neil Proff	Leadership - Jason Billingsley
Choir - Monica Tabor	Link Crew - Emily Chilson & Kim LaFortune
Dance Team - Julie Henggeler	Magic Club - Barry Cogswell
Dead Poets Society - Annemarie Gaudin	Math Construction - Andy Knutson
DECA - Karen Morton	MeCha - Tzei Hernandez
Drama - Mindy Marks	Minority Awareness Movement - Annemarie Russell
Dungeons and Dragons Game Club - Molly Donnelly	Natural Highs Network - Steve Pitkin
FCCLA - Andrea Ancich	One Voice - Mark Hein
Fellowship of Christian Athletes - Mark Hein	Ping Pong - Marcus Merrifield
French Club - Suzanne Bailey	Robotics - Will Fredin
Game Club - Chris Neuman	This Day in History - Jason Billingsley
Gender Sexuality Alliance - Lynn VanderPut	Valhalla (School Newspaper) - Julie Henggeler
German Club - Malorie Wolk	VTV - Barry Cogswell
Hi Q/Knowledge Bowl - Chris Neuman	Yearbook - Barry Cogswell
	Zumba Club - Scott Flanders

# ATHLETICS

Fall	Winter	Spring
Football - Tom Tri	Boys Basketball - Mark Hein	Baseball - Josh White
Boys & Girls Cross Country - Cliff Chaffee	Girls Basketball - Randy Edens	Softball - Sarah Hirsch
Girls Soccer - Prato Barone	wrestling - Brent Barnes	Boys & Girls Track - Jeff Page
Girls Swim - Sarah Summers	Boys Swim - Brady Dykgraaf	Boys & Girls Golf - Cliff McKinlay and Jodi Widmann
Boys Tennis - Mark Hein	Cheer - Breanne Baumann	Girls Tennis - Jeff Leer
Volleyball - Kyle Hoglund		Boys Soccer - Wes VanHooser
Cheer - Breanne Baumann		

Who's my Counselor? By last name below. Email is [firstname\\_lastname@kstevens.wednet.edu](mailto:firstname_lastname@kstevens.wednet.edu)

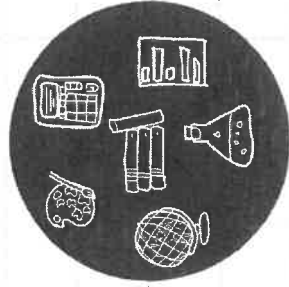
Angela Riebl	Emily Chilson	Amy Wiklund	Tzei Hernandez	Dede Strong
A-C	D-H (2020-21) D-G (2022)	I-M (2020, 2021) H-L (2022)	N-S (2020) N-R (2021) M-R (2022)	T-Z (2020, 2021) S-Z (2022)

Mental Health Support Specialist: Jennifer Hudson

Drug/Alcohol Intervention Specialist: Steve Pitkin

# MINIMUM COLLEGE ADMISSIONS STANDARDS at Washington's Public Four-Year Colleges

# READY SET GRAD



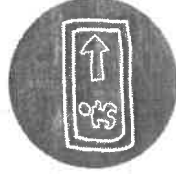
## REQUIRED CREDITS

- 4 credits of English
- 3 credits of math including Algebra II or Integrated Math III
- Senior year quantitative math
- 3 credits of social science
- 2 credits of science
- 2 credits of world languages
- 1 credit of arts



## GPA

- Maintain at least a 2.0 grade point average



## SAT and ACT

- Take the SAT or ACT
- Have the scores sent directly to the colleges you want to attend

**Some colleges have additional requirements.**

Explore colleges you're interested in to see if they require more than the minimum.



What if you don't meet these standards?

**Meeting the minimum college admission standards does not guarantee admission to a public four-year college.**

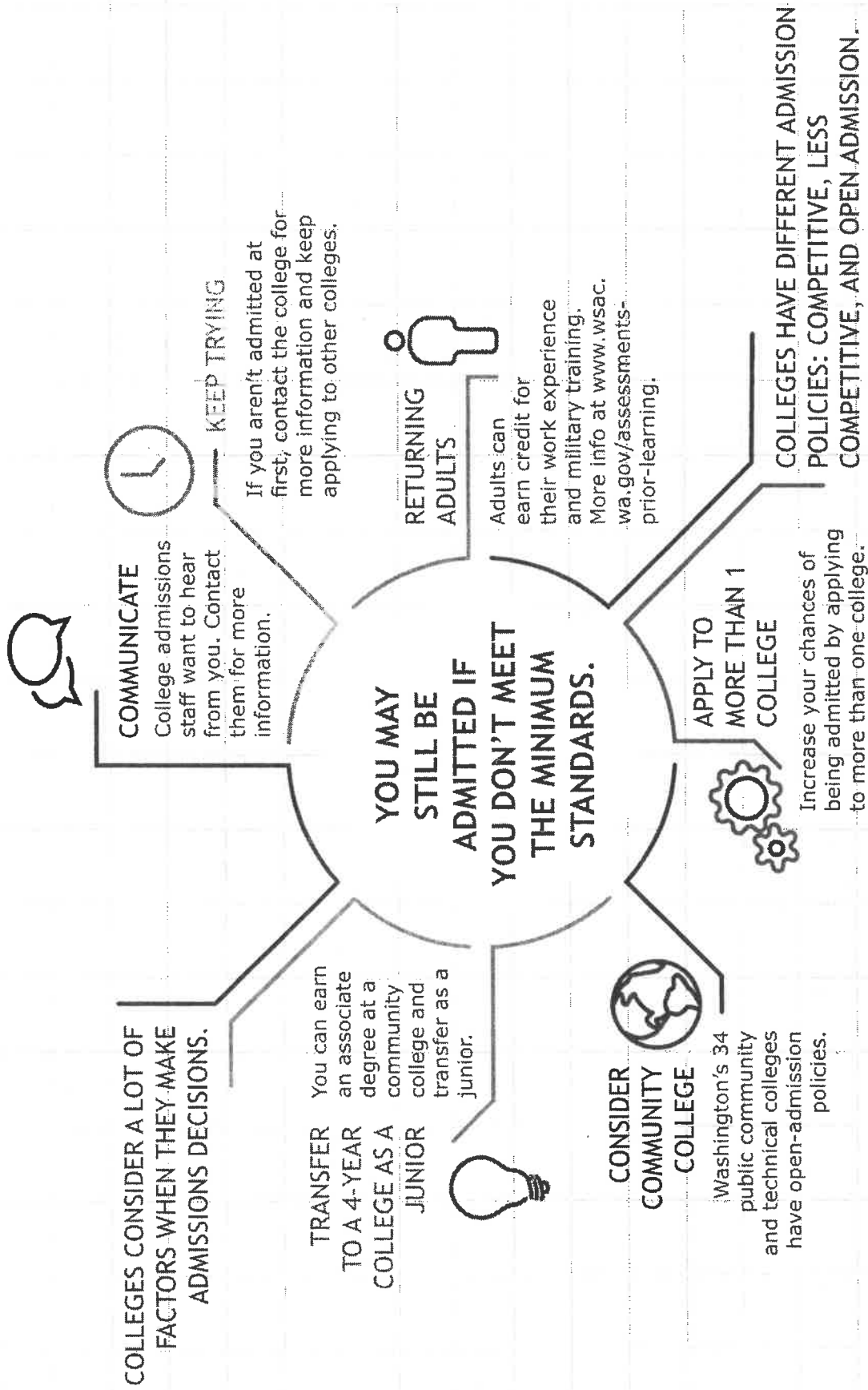
**FACT:** Continuing your education after high school is a necessity in today's economy. For more on college readiness and financial aid, visit [www.readysetgrad.org](http://www.readysetgrad.org), your resource to find, pay for, and complete the educational path that's right for you.



WASHINGTON STUDENT  
ACHIEVEMENT COUNCIL  
EDUCATION · OPPORTUNITY · RESULTS

# You have options.

Even if you don't meet the minimum standards.



## **Important Dates & Information**

- Senior photos & signatures due October 11th
- Yearbook ads for Seniors due December 21st
- Class of 2020 photo, September 27<sup>th</sup> @ 2pm on the Football Field.
- Moving up ceremony-Seniors last day (send pics of where student will be going next year)
- Other dates to be announced later

Additional expenses may include:

- College application fees-SAT/ACT test fees
- Senior photos-yearbook ads (if you choose to)
- Graduation Announcements-cap & gown-Class gear
- Senior graduation night trip
- Senior dinner dance – Senior field trip

## **Helpful and Important Websites**

- Lake Stevens High School webpage which includes scholarship list, bulletin and the LSHS Planning Handbook
- FAFSA on the Web: [www.fafsa.ed.gov](http://www.fafsa.ed.gov)
- [www.studentaid.ed.gov](http://www.studentaid.ed.gov)
- [www.thewashboard.com](http://www.thewashboard.com)-Washington Scholarship Coalition
- [www.fastweb.com](http://www.fastweb.com) (scholarships)
- ACT: [www.act.org](http://www.act.org)
- SAT-College Board: [www.collegeboard.org](http://www.collegeboard.org)
- [www.wois.org](http://www.wois.org) site key available from Kim LaFortune in the Career Center
- [Checkoutacollege.com](http://Checkoutacollege.com)
- [youcango.collegeboard.org](http://youcango.collegeboard.org)
- [readyssetgrad.org](http://readyssetgrad.org)
- [Careerbridge.wa.gov](http://Careerbridge.wa.gov)

# Transcript Requests

Diana\_borges@lkstevens.wednet.edu - *Registrar*

Eyren\_braaten@lkstevens.wednet.edu - *Counseling/Special Education Office Professional*

- *Online on LSHS website*
- *Diana Borges*
- *Eyren Braaten*
- *Please give at least 24 hours notice, you can also request 425.335.1571 or in person as well*

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## Beyond High School night at LSHS

October 15<sup>th</sup> 6:00-8:00 p.m.

Over 50 college, universities, apprenticeship & military representatives will attend.

## Seattle National College Fair

Friday, November 1<sup>st</sup> &

Saturday, November 2<sup>nd</sup>

Washington State Convention Center

Over 300 universities, colleges and educational organizations will be there!







# Counselor Assignments

## 2019-2020

	Riebli x2378	Chilson x2365	Wiklund x2330	Hernandez x2247	Strong x2249
2020	A-C	D-H	I-M	N-S	T-Z
2021	A-C	D-H	I-M	N-R	S-Z
2022	A-C	D-G	H-L	M-R	S-Z

### ADMIN DISCIPLINE ASSIGNMENTS

Hay x1597      Grinde x1666      Alderson x1598  
 A-G              H-O                              P-Z

## Counseling Staff

- Angela\_riebli@lksstevens.wednet.edu
  - Emily\_chilson@lksstevens.wednet.edu
  - Amy\_wiklund@lksstevens.wednet.edu
  - Tzel\_hernandez@lksstevens.wednet.edu
  - Dede\_strong@lksstevens.wednet.edu
  - Kim\_lafortune@lksstevens.wednet.edu  
Career Specialist
  - Diana\_borges@lksstevens.wednet.edu  
Registrar
  - Eyren\_braaten@lksstevens.wednet.edu  
Counseling/Special Education Office  
Professional
- Transcripts available:
- Online on LSHS website
  - Diana Borges
  - Eyren Braaten
- Please give at least 24 hours notice, you can also request 425.335.1571 or in person

