

# LSHS PARENT/STUDENT FAQ

**How do I request a copy of my transcript?** Official copies of transcripts can be requested using the [online request form](#). Current students may email their counselor for unofficial copy.

**How can I get help when I am struggling?** Academic support is offered several different times throughout the school week, and is available in different ways. All teachers are available to support students outside of structured class time via online meets or by phone. There are also many [online supports](#) on the LSSD website.

For concerns around mental health, LSSD has a [website](#) full of resources, handouts, and referrals.

**How do I sign up for the SAT/ACT?** Information for the SAT and ACT can be found in the course handbook, or at [collegeboard.org](#) for the SAT and [act.org](#) for the ACT. Check with the college you are applying to, as many are waiving this requirement right now.

**What is College in the High School (CHS)?** College in the high school is a dual credit program, in which a teacher at LSHS has chosen to align their curriculum with an equivalent class at the college, and has permission from the college to teach the class at high school for a college credit. Students pay a reduced tuition fee for CHS classes. A list of our CHS dual credit classes is available in the [LSHS Course Planning Guide](#).

**How can I find out about Sno Isle?** Sno Isle is an elective program for students who want to study a trade, and get started on their career ASAP. You can see your counselor about how to apply for the following school year. Application for the 20-21 school year has already passed. Typically, application season begins in early February, interviews are in March, and placements are announced May 1. Students attend Sno Isle for half the day, and it becomes their entire elective program. Transportation is provided, no student drivers allowed. More information can be found on their [website](#).

**How can I find out about Running Start?** Running Start is a dual credit program where students take classes at Everett Community College instead of, or in addition to, the classes at the high school. You can see your counselor about Running Start. Application season is in early Spring, and the deadline is May 1. Tuition is covered by the State, and students need to provide their own transportation. Students must also maintain a 2.0 GPA with the college to stay eligible for Running Start. Our main partner institution for Running Start is [EVCC](#).

**What is the difference between AP courses and Running Start?** Advanced Placement (AP) courses provide rigorous coursework for students on the LSHS campus. The purpose of an AP course is to prepare students to take the AP exam in May. Your score on the AP exam will determine if you can apply for higher placement and/or credit in many colleges and universities,

although determining placement and credit is up to each college/university. Many AP classes are also offered as College in the High School (CHS) classes. Students can take both the AP exam and sign up for CHS credit. However they can only use the credit one way, once at college.

Running Start is a program that allows an LSHS student to take rigorous courses at the EvCC campus. Students can spend all - or a portion - of their day at EvCC. Classes taken at EvCC apply towards the student's graduation requirements, and the student's EvCC transcript and credits are transferable to almost all colleges and universities in the United States.

Students will want to consider their personal pathway when deciding which of the two programs best serves their needs and helps them get closer to their educational goals.

**How do I register with NCAA?** Students who want to play sports at the college level should register with the [NCAA Clearinghouse](#), and post a copy of their transcript to their profile. Students should select their electives carefully to be sure they are NCAA approved.

**What is a Personal Pathway Requirement (PPR)?** As Washington State revised their graduation requirements to include two years of a World Language, which is required for most university admissions, they have provided an option for students who are choosing a technical college, community college, military, trades, etc. This means, instead of taking two years of a World Language, students can replace those credits with electives that better connect them to their Personal Pathway, as noted in their High School and Beyond plan.

Personal Pathway Requirements can be any elective that supports the overall plan students have for themselves after graduating from high school.

**What is the High School and Beyond Plan?** All students in Washington State must complete a High School and Beyond Plan (HS&BP) for graduation. The plan is located in My School Data, an app in [Family Access](#), and begins in middle school. Students will work with school staff and their parents each year to review and update their plan, and use it to guide them toward their educational goal.

There are several pages and components to the HS&BP, and we have created a [video](#) to help you understand more about what is required.

**What counts as Community Service and where do I turn in my hours?** Community Service is volunteer work for a non-profit/tax exempt organization. Students need 45 hours for graduation and can begin no earlier than the summer after 9th grade. Verification forms can be found on the [LSHS website](#), and they're also available in the Learning Commons. Completed forms must be turned in to the Learning Commons. A wide variety of community service opportunities are displayed in the Learning Commons.

**How do I sign up for a Driver's Education/Traffic Safety class?** Information for driver training is located both in the front office as well as on our [website](#). We're still working through what Traffic Safety might look like this fall. For specific information, please [email](#) Mr. Rodger Anderson, LSHS' Traffic Safety Coordinator.