

## **CATHETERIZATION**

### **POLICY:**

The Board authorizes that qualified staff provide for clean, intermittent bladder catheterization (CIC) of students or assisted self-catheterization in conformance to rules adopted by the State Board of Nursing.

Employees who are not licensed nurses and whose job descriptions do not require performing catheterizations may file a written statement of refusal to perform catheterizations. Refusal will not adversely affect the employee's job status or be grounds for dismissal.

Catheterization is permitted under the following conditions:

- A. Parent, legal guardian, or other person having legal control over the student file a written, current, and unexpired request that the District provide for the catheterization of the student;
- B. Licensed physician of the student file a written, current, and unexpired request that catheterization of the student be provided for during the hours when school is in session or the hours when the student is under the supervision of school officials.
- C. A registered nurse provide written, current, and unexpired instructions regarding catheterization which states which staff members are designated to provide for catheterization and a description of the nature and extent of any supervision that is required.
- D. A staff member who is authorized to provide for catheterization must receive training from a registered nurse consistent with the rules of the State Board of Nursing. Licensed practical nurses are trained to provide catheterization as part of their professional preparation and are not subject to this training requirement.

The District and its staff and the staff member who provides for catheterization in substantial compliance with this policy and the rules of the State Board of Nursing shall not be liable in any criminal action or for civil damages arising from providing catheterization. The District may discontinue catheterization service for a student without being liable so long as the affected parents/ guardians are given advance oral/written notice.

Cross References:

Board Policy No. 6005.1: Special Education and Related Services for Eligible Students

Board Policy No. 6005.2: Education of Students With Disabilities

Legal References:

RCW 28A.210.290 Catheterization of School Students — Immunity from liability

28A.210.255 Provision of health services in public and private schools — Employee job description

28A.210.280 Catheterization of public and private school students

WAC 246-840-820 Provision for clean, intermittent catheterization in schools

C 172 L 03 Regulating the Catheterization of Students

## **CATHETERIZATION**

### **PROCEDURES:**

- A. The State Department of Health has established the following rules:
1. The student's file shall contain a written request from the parent(s) or guardian for the clean, intermittent catheterization of the student.
  2. The student's file shall contain written permission from the parent(s) or guardian for the performance of the clean, intermittent catheterization procedure by the nonlicensed school employee.
  3. The student's file shall contain a current written order for clean, intermittent catheterization from the student's physician and shall include written instruction for the procedure. The order shall be reviewed and/or revised each school year.
  4. The service shall be offered to all disabled students and may be offered to nondisabled students, at the discretion of the Health Services administrator.
  5. A licensed registered nurse shall develop instructions specific for the needs of the student. These shall be made available to the nonlicensed school employee and shall be updated each school year.
  6. The supervision of the self-catheterizing student shall be based on the needs of the student and the skill of the nonlicensed school employee.
  7. A licensed registered nurse, designated by the Health Services administrator, shall be responsible for the training of the nonlicensed school employees who are assigned to perform clean, intermittent catheterization of the students.
  8. The training of the nonlicensed school employee shall include but not be limited to:
    - a. An initial in-service training, of a length to be determined by the licensed registered nurse.
    - b. An update of the instructions and a review of the procedure each school year.

- c. Anatomy, physiology and pathophysiology of the urinary system including common anomalies for the age group served by the employee.
  - d. Techniques common to the urinary catheterization procedure.
  - e. Identification and care of the required equipment.
  - f. Common signs and symptoms of infection and recommended procedures to prevent the development of infections.
  - g. Identification of the psychosocial needs of the parent/guardian and the students with emphasis on the needs for privacy and confidentiality.
  - h. Documentation requirements.
  - i. Communication skills including the requirements for reporting to the registered nurse or the physician.
  - j. Medications commonly prescribed for the clean, intermittent catheterization patient and their side effects.
  - k. Contraindications for clean, intermittent catheterization and the procedure to be followed if the nonlicensed school employee is unable to catheterize the student.
  - l. Training in catheterization specific to the student's needs.
  - m. Developmental growth patterns of the age group served by the employee.
  - n. Utilization of a teaching model to demonstrate catheterization techniques with return demonstration performed by the nonlicensed school employee, if a model is available.
  - o. The training of the nonlicensed school employee shall be documented in the employee's personnel file.
- B. The District will record the names of individuals receiving the catheterization training and the training dates.

